

# Reading Rainbows 2024

San Mateo County Youth Commission



PROMOTE YOUTH ENVIRONMENTAL JUSTICE!

# KIDS READ ALOUD

READING - ACTIVITIES - RAFFLE - SNACKS  
FOR AGES 0-5 + FAMILIES

Saturday, May 4, 2024  
Belmont Public Library  
Children's Area  
11am



with Kelsey Sweetland  
youth author of  
Suzie's Seagrass,  
Ozzy's Adventure,  
+ more!

1110 Alameda de las  
Pulgas, Belmont



preschools,  
parent groups,  
local businesses

100+ attendance

15 books  
given, First 5  
goodie bags,  
snacks

Tiffany Golden at  
Half Moon Bay

Kelsey Sweetland  
at Belmont

DeMareon Gipson  
at Pacifica

PROMOTING DIVERSE LITERATURE!

FREE/NO RSVP

# KIDS



READING - ACTIVITIES - RAFFLE - AGES 0-5 + FAMILIES

APRIL 7, 2024  
11:00AM - CHILDREN'S ROOM

HALF MOON BAY LIBRARY  
620 CORREAS ST, HALF MOON BAY



WITH TIFFANY GOLDEN  
AUTHOR OF  
WASH DAY & I  
WANT TO BE BIG!

HOSTED BY THE SM COUNTY YOUTH COMMISSION



PROMOTE DIVERSE LITERATURE!

# KIDS READ ALOUD

WITH DEMAREON GIPSON  
AUTHOR OF ANNALISE'S COUGH



MAY 11TH, 11AM  
CHILDREN'S AREA  
PACIFICA SHARP  
PARK LIBRARY  
104 HILTON WAY,  
PACIFICA



HOSTED BY THE SAN MATEO COUNTY YOUTH COMMISSION  
IN PARTNERSHIP WITH:





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## Background - F5SMC Strategic Plan Implementation Plan SPIP FY 2020-25

Strategic Plan Investment SPIP FY 2020-25	FY20-21	FY21-22	FY22-23	FY23-24	FY24-25 Draft Budget
First Funding Cycle SPIP FY 2020-23	\$3,780,000	\$3,780,000	\$3,780,000		
Second Funding Cycle SPIP FY 2023-25				\$3,780,000	<b>\$3,780,000</b>



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## FY24-25 Draft Budget - Draft Budget Summary

	FY 23-24 Revised Budget	FY 24-25 Draft Budget	Increase / (Decrease) \$	Increase / (Decrease) %	Notes for FY 24-25 Draft Budget
Beginning Fund Balance (Beginning Reserves*)	13,335,535	11,522,713	(1,812,822)	-14%	Lower Ending Fund Balance in FY 2023-24 Revised Budget
Total Revenues	6,344,478	6,219,059	(125,419)	-2%	Lower Interest Revenue and lower Tobacco Tax Revenue allocations offset with the increases in Other Grant Revenues.
Total Available Fund (Total Sources*)	19,680,013	17,741,771	(1,938,241)	-10%	Same above.
Total Appropriations (Net Appropriations*)	8,157,300	8,199,822	42,522	1%	Increase in Other Grant Appropriations
Ending Fund Balance (Ending Reserves*)	11,522,713	9,541,950	(1,980,763)	-17%	Lower Tobacco Tax Revenue and higher Other Grant appropriations as agency has won various new grant awards.
Total Requirements* (Net Appropriations* + Ending Reserves*)	19,680,013	17,741,771	(1,938,241)	-10%	Same as above
Surplus / (Deficit) (Total Revenues – Net Appropriations*)	(1,812,822)	(1,980,763)	(167,941)	9%	Continue draw down Reserves* to fund higher Community Investments.

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## FY24-25 Draft Budget - Key Take Aways

Tobacco Tax Revenues (Per Prop 10 statute, annual allocations)	Other Grant Revenues (through competitive grant applications)
<ul style="list-style-type: none"> <li>❖ Use Tobacco Tax Revenue Projections with Flavor Ban (February 2024), 5% lower.</li> <li>❖ Execute \$3,780 M SPIP FY 2023-24 funding allocation as per the current approved LTFP.</li> <li>❖ Execute \$533K SPIP FY 2020-23 Carry-Over in coordination with SPIP FY2023-25 in 2-year time frame.</li> </ul>	<ul style="list-style-type: none"> <li>❖ Continue to seek additional new funding sources and leverage others</li> <li>❖ Won and execute \$1.932 M Other Grant awards</li> <li>❖ Contribute to 30% of Fiscal Revenue, cover 1.3 FTE equivalent.</li> <li>❖ Utilize SPIP FY 2020-23 Carry Over in <ul style="list-style-type: none"> <li>▪ new grant acquisitions (leverage/matching fund) and in complement to investment strategies of F5SMC strategic plan SPIP FY2020-25.</li> <li>▪ Emerging projects</li> </ul> </li> </ul>

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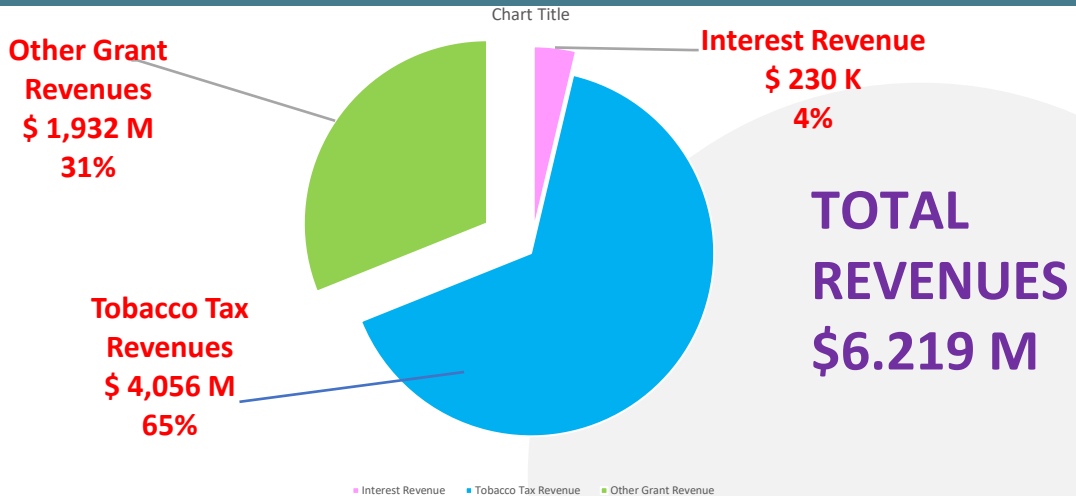
# FY24-25 Draft Budget - Key Take Aways

- New Other Grant awards contribute \$1.932 M Other Grant Revenues or 30% Fiscal Revenue; includes \$250K supports staffing or 1.3 FTE equivalent.
- Inclusion of 4% COLA and 6% Healthcare cost projection increases
- Draw down \$1.980 M from Fund Balance (Reserves\*) to support current operations for Strategic Plan Implementation



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# Total Revenues



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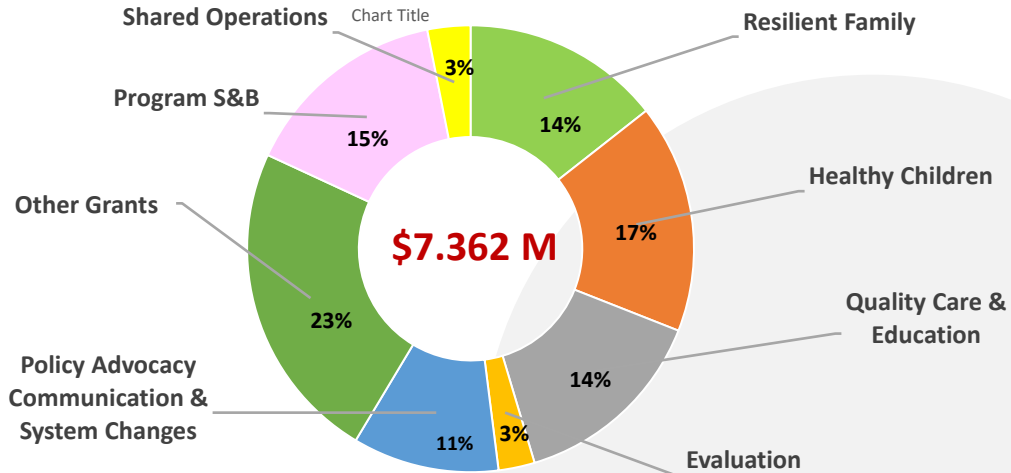
# Other Grants Revenues

Grants	Funders	Grant Amounts	Grant Terms	Status
Regional IMPACT Legacy and Impact Hub grants; and Home Visiting grant (3 grants)	F5 San Benito (Tobacco Tax \$)	\$1.032 M	FY23-25	Ongoing grant execution
Children & Youth Behavior Health Initiatives (New)	Heluna Health (Tobacco Tax \$)	\$750K	FY23-25	Won grant award in February 2024
Baby Bonus Dividend (New)	San Mateo County Health and Family Health Services	\$84K	FY23-24	Ongoing grant execution (Pending MOU with Measure K funding through 2028)
Trauma Informed System- Mental Health Mental Health Services Act (MHSA) #3 Grant	San Mateo County Behavioral Health & Recovery Services	\$300K	FY23-25	Ongoing grant execution
Special Needs Grant and Mental Health Grant	Sequoia Healthcare District	\$1.2 M	FY23-25	Ongoing grant execution
Help Me Grow Call Center CY2024	Peninsula Healthcare District	\$60K	CY2024	



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# Program Budget - Community Investment by Initiatives



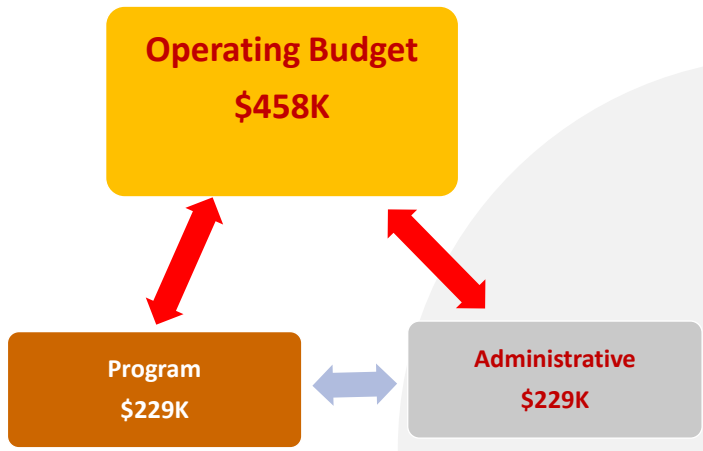
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# SPIP FY20-23 Funding Carry Over - \$533K

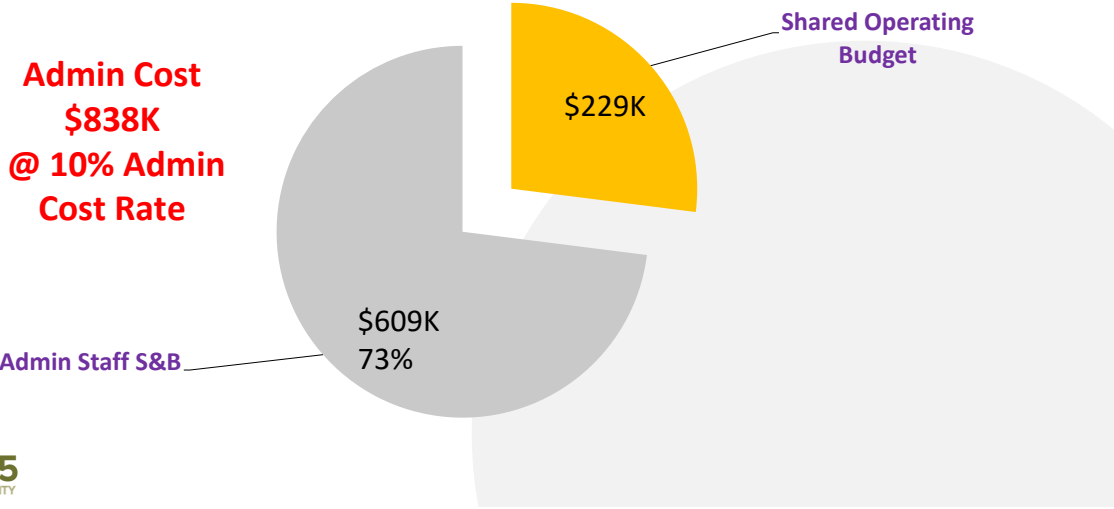
- Continue planning and execution \$533 K “SPIP FY 2020-23 Fund Carry Over” in coordination within 2-year time frame of the current strategic plan FY23-25
  - ✓ For leverage funding in acquiring new Other Grants
  - ✓ For matching fund with new 2-year Other Grant awards;
  - ✓ For Emerging projects in complement to investment strategies of F5SMC strategic plan SPIP FY2020-25.
- Majority of carry over funds are in Children Health, Evaluation, and Policy, Advocacy, Communication, and System Change PAC, and Emerging Projects of the strategic plan.



# Shared Operating Budget

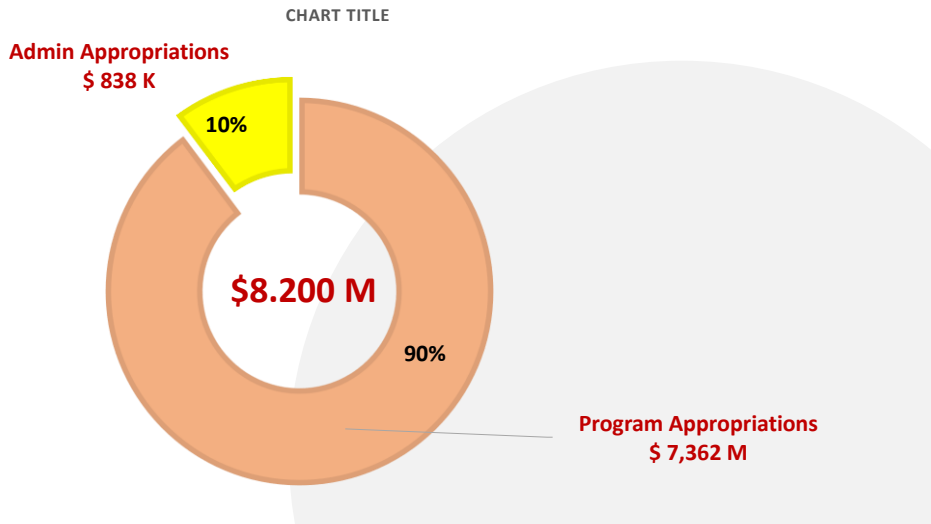


# Admin Budget



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# Total Appropriations



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## FY24-25 Draft Budget Summary

Commission to approve drawing down \$1.981 M from Ending Fund Balance (Reserves\*) to fund F5SMC's FY24-25 Adopted Budget

<b>Total Revenue</b>	<b>\$6.219 M</b>
<b>Total Appropriations</b> (Net Appropriations*)	<b>\$8.200 M</b>
<b>Ending Fund Balance</b> (Reserves*)	<b>\$9.542 M</b>
<b>Surplus / (Déficit)</b> (Total Revenue - Net Appropriations*)	<b>(\$1.981 M)</b>



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## FY24-25 Draft Budget Summary

- **Issue to Consider :**
  - ✓ FY24-25 Budget Revision in February 2025
- **Action Required:**
  - ✓ Approval of F5SMC's FY24-25 Draft Budget
  - ✓ Approval of the Use of Ending Fund Balance (Reserves\*) of \$1.981 M to fund the F5SMC's FY24-25 Adopted Budget



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**HELP ME CALIFORNIA Grow**  
SAN MATEO COUNTY

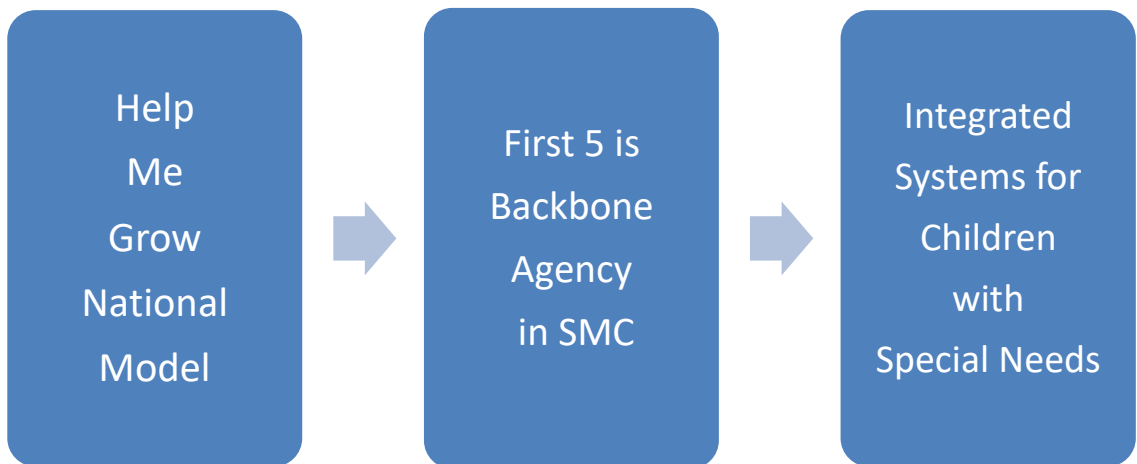
Family Resource Center  
SAN MATEO COUNTY | by abilitypath

abilitypath  
INSPIRING INCLUSION

FIRST 5  
SAN MATEO COUNTY

Resources to Thrive from 0-5

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## First 5 Core Functions

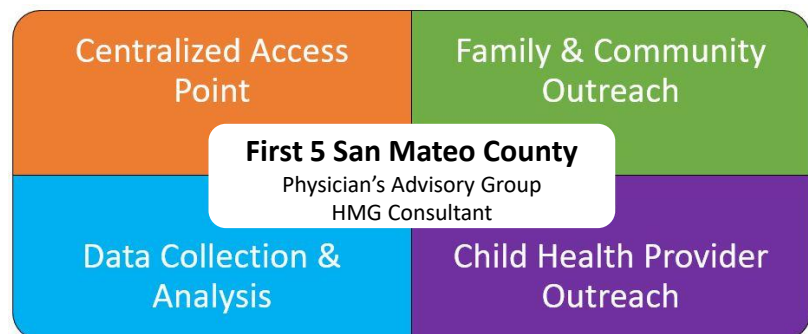
- Strategic Financial Investor
- Community Partner
- Systems Leader



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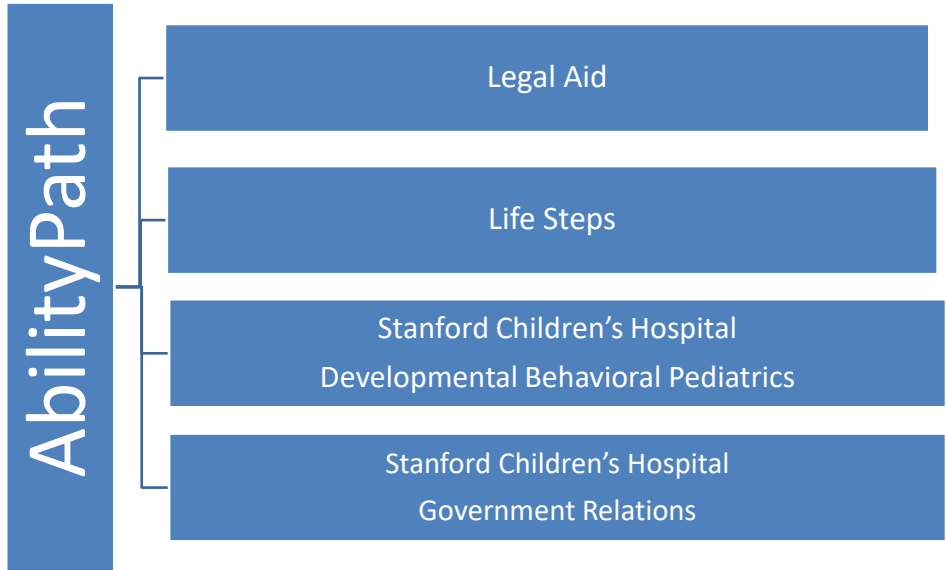
Help Me Grow is a comprehensive system that promotes universal early identification and linkage to intervention and ensures that all children reach their greatest potential

### Help Me Grow SMC Core Components

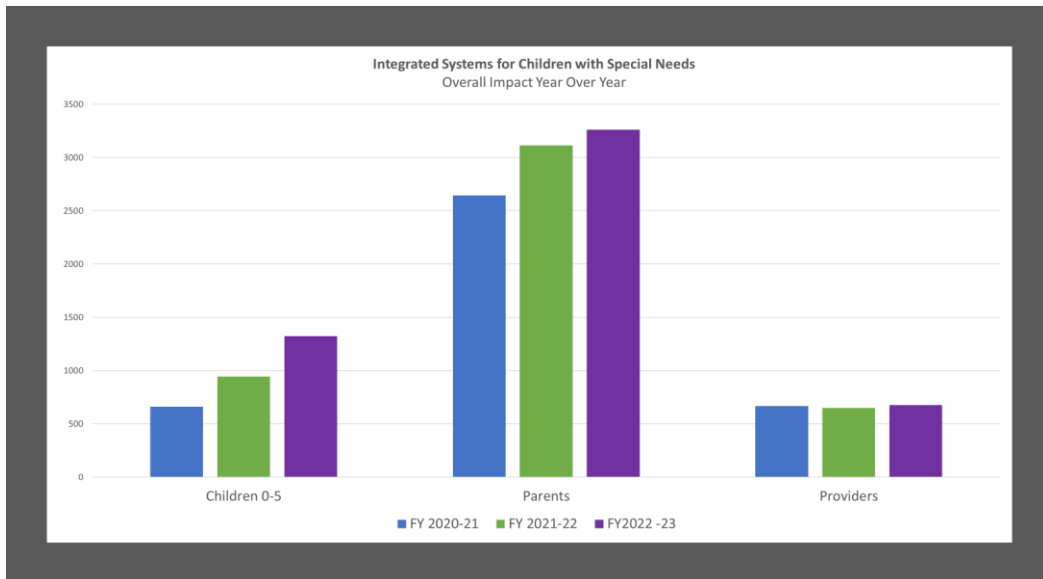


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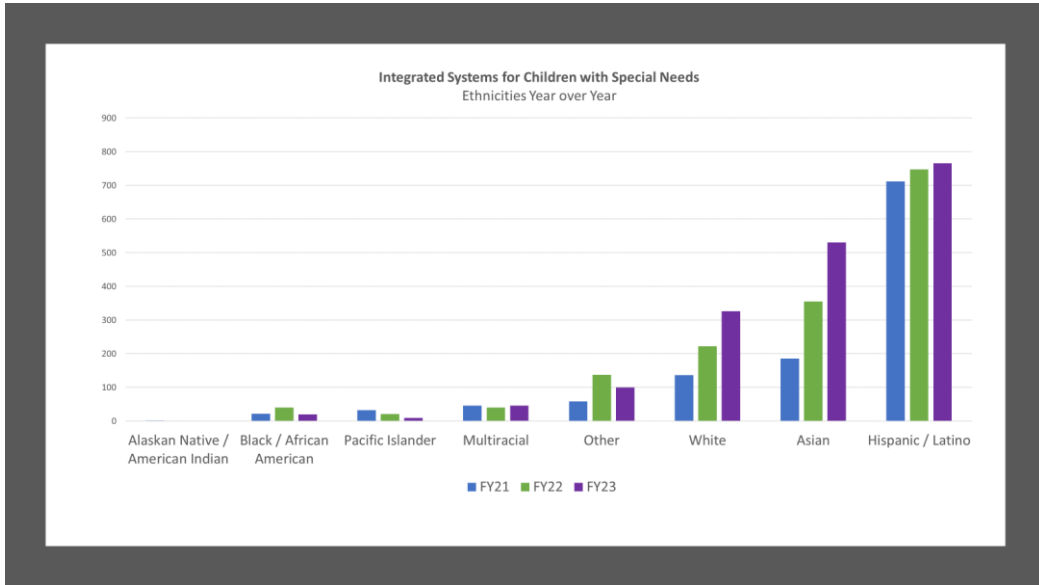
# Integrated Systems for Children with Special Needs



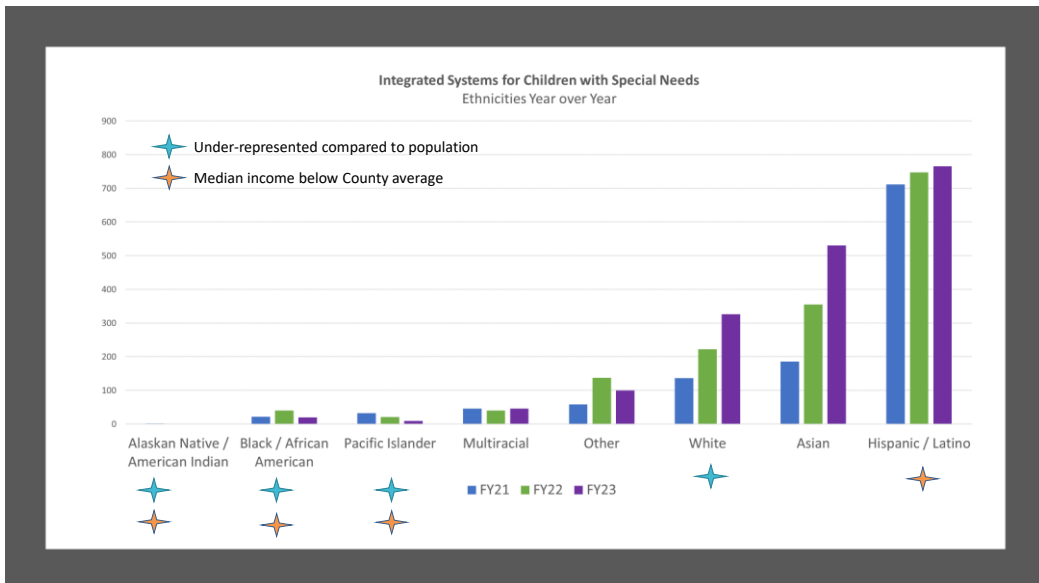
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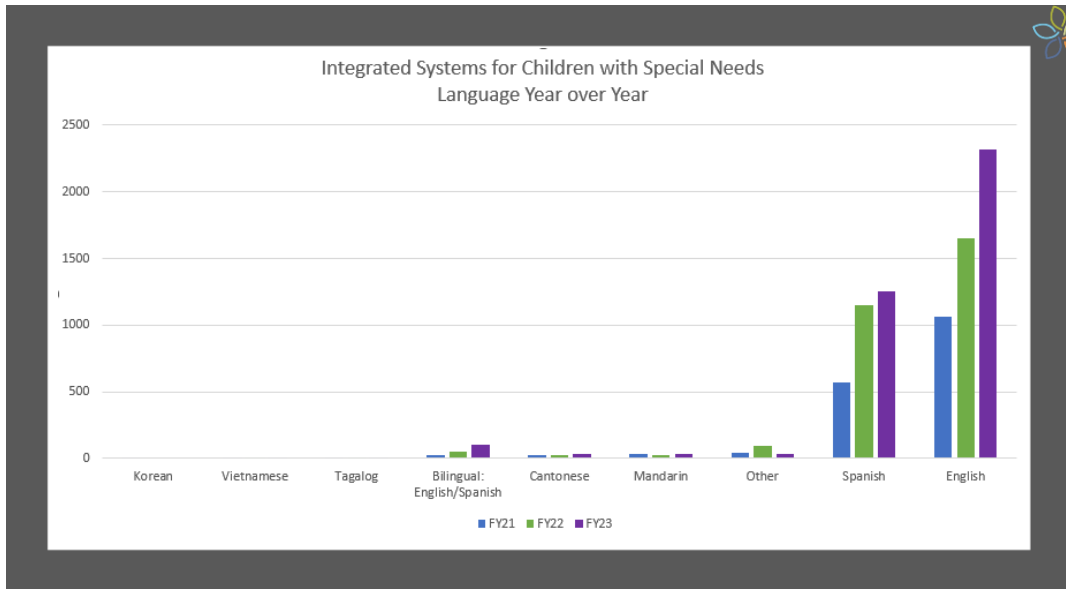
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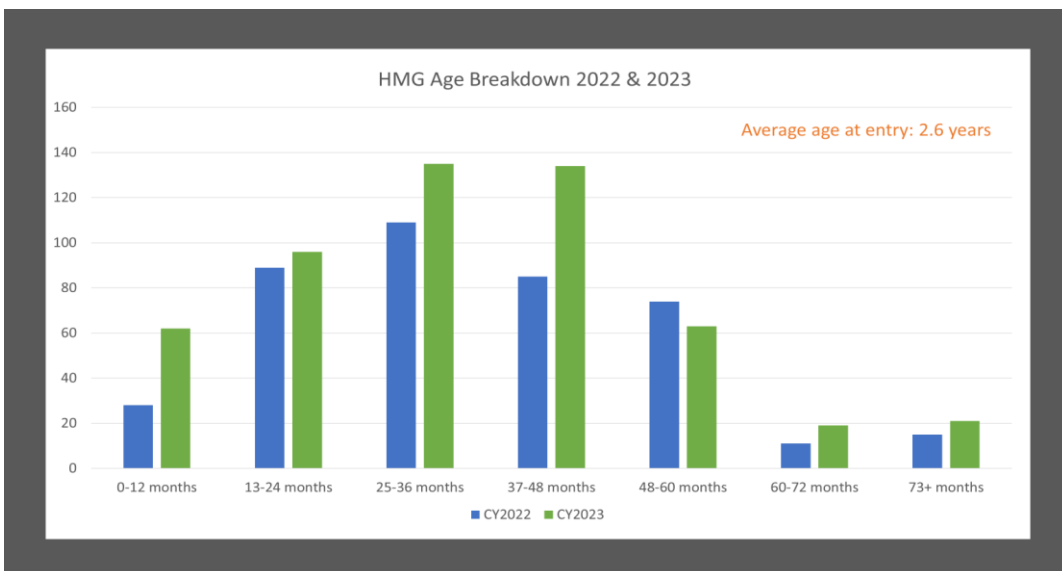
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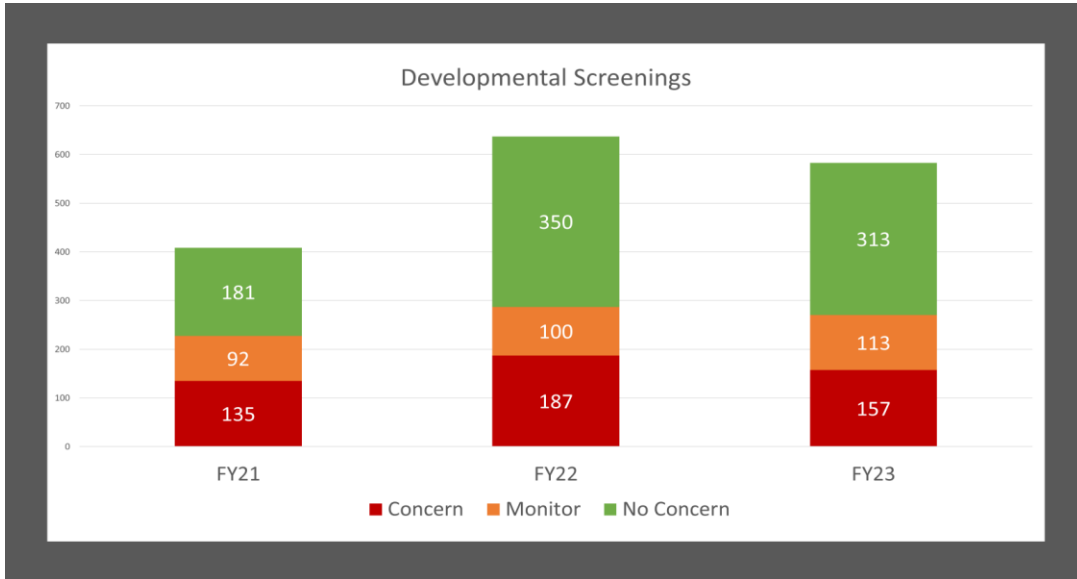
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## Tu y Yo Virtual Parent-Child Group

- Virtual group for Latina/o/e/x families
- Tu y Yo aims to promote early learning in children ages birth through age five
- Facilitated by Help Me Grow Care Coordinator and a Star Vista Bilingual Mental Health Clinician
- Partnerships with Sonrisas, WIC and Project Read
- Families learn about child development through guided activities and discussions led by a Mental Health Clinician on positive discipline, attachment, routines and more



Funded by First 5 of San Mateo County

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## Tu y Yo 2023 Family Quotes:



First time parents shared their experience:

- *Papá dijo, "Qué bonita experiencia estoy aprendiendo como jugar con el niño."*
- *Dad said, "What a beautiful experience, I am learning how to play with my child."* English translation
- *Mamá dijo, "Me gusta me da ideas de como jugar con él y estoy aprendo como dejarle bonitas experiencias y recuerdos a mi hijo"*
- *Mom said, "I like it, the group provides me with ideas on how to play with my son and leave him with nice memories and experiences while growing up."* English translation

Parent had this to share about attending two Tu y Yo cohorts:

- *"Haciendo estas actividades me siento como si volviera hacer niña, es mi segundo grupo y siempre aprendo y me divierto también."*
- *"I feel like if I was a little girl myself, doing these activities, it's my second group that I have attended, I always have fun and I learn."* English translation

Funded by First 5 of San Mateo County

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## Questions/Discussion

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Call, text or email at

P: 650-762-6930 | F: 650-603-0326 | [hmgsmc@abilitypath.org](mailto:hmgsmc@abilitypath.org)





**FIRST 5**  
SAN MATEO COUNTY

# Infant and Early Childhood Mental Health

May 20, 2024

1

## Children Now 2024 California Children's Report Card

California ranked 51<sup>st</sup> (out of 50 states & D.C.) for parents reporting it was not possible to obtain mental health care for their child. Denials by health plans are a major barrier to kids getting mental health care.<sup>74</sup>

Nearly half of parents reported that it was somewhat/very difficult or not possible to obtain care.<sup>75</sup>

California parent-reported difficulty obtaining mental health care for their child

 **54%**

Did not have difficulty

 **46%**

Somewhat difficult, very difficult, or not possible to obtain care

2

## Early Childhood Mental Health by the Numbers

- Estimates from Zero to Three, Think Babies and the CDC indicate that **10-16%** of young children experience mental health conditions, including PTSD and anxiety
- This number increases to **22%** for families living in poverty
- Since the COVID-19 Pandemic, early childhood educators have noticed significant changes in children's behavior including increased anxiety and irritability, and challenges with conflict resolution and problem solving. (First 5 SMC Workforce Survey, 2022)
- Left untreated, mental health conditions lead to greater expenses for individual families and the community as children grow.



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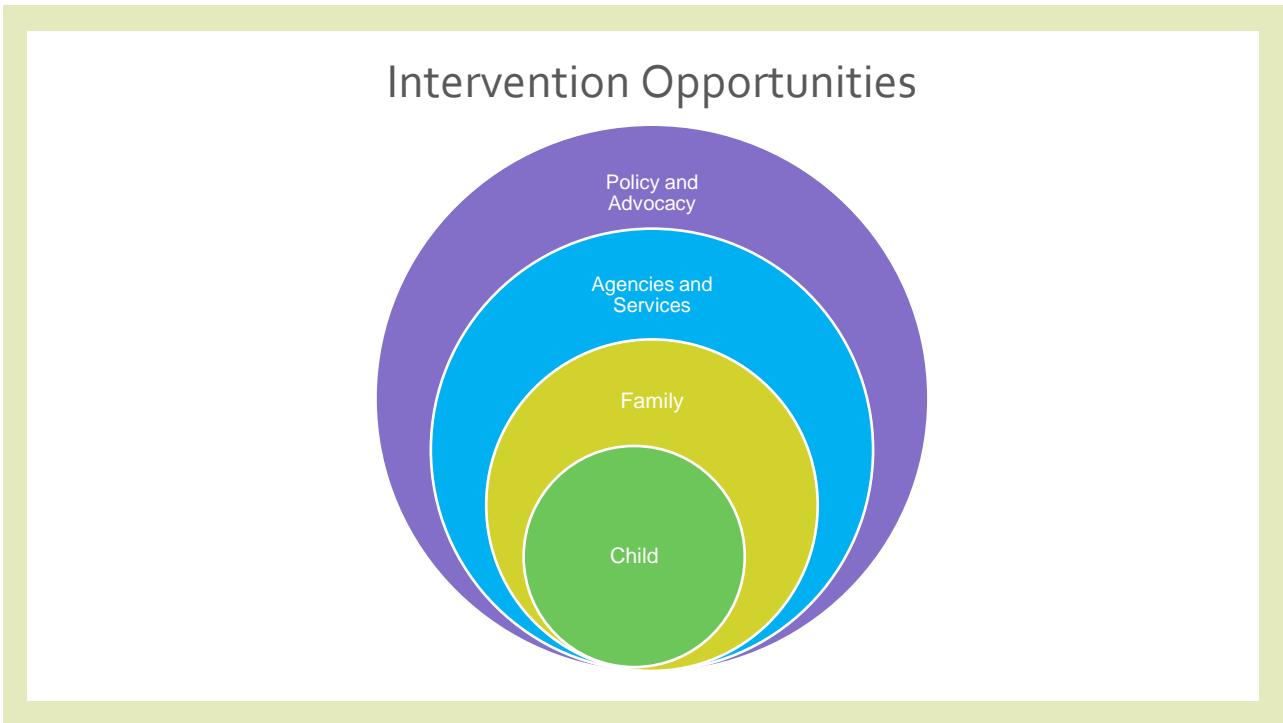
## Mental Health and Children with Special Needs

- **Mental health conditions are more common among CSHCN.** According to 2022 data from the National Survey of Children's Health, **51% of California CSHCN ages 3 to 17 had one or more diagnosed mental health conditions**—compared with just over 5% of their peers without special health care needs.
- **CSHCN are more likely to have multiple adverse childhood experiences than their peers.** The share of CSHCN in California who have experienced four or more adverse childhood experiences (ACEs) is **more than five times that of children without special health care needs.**

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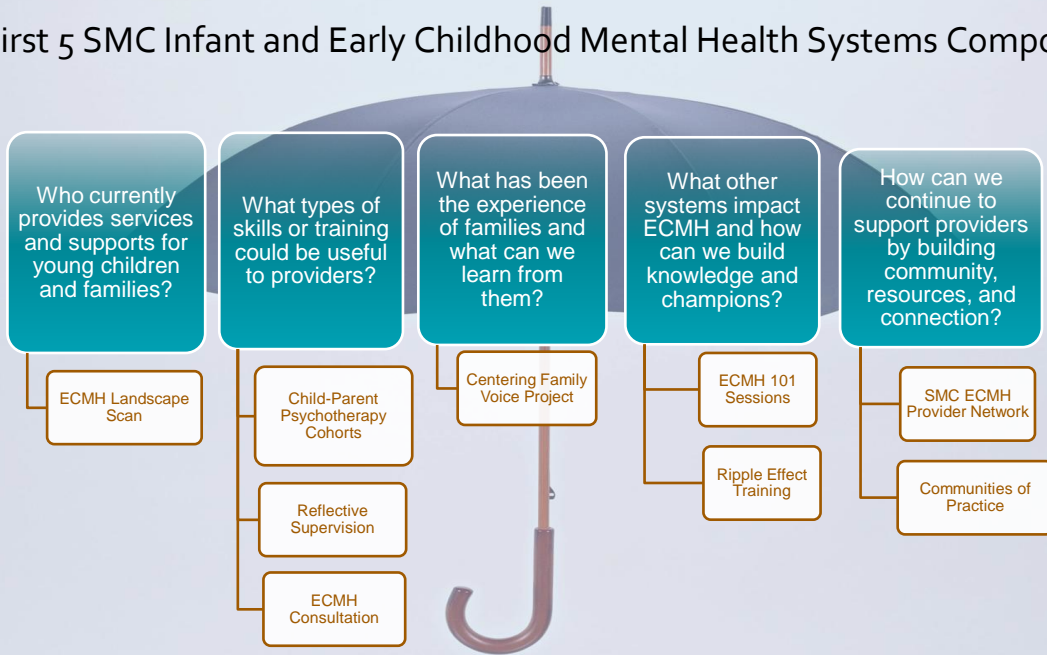


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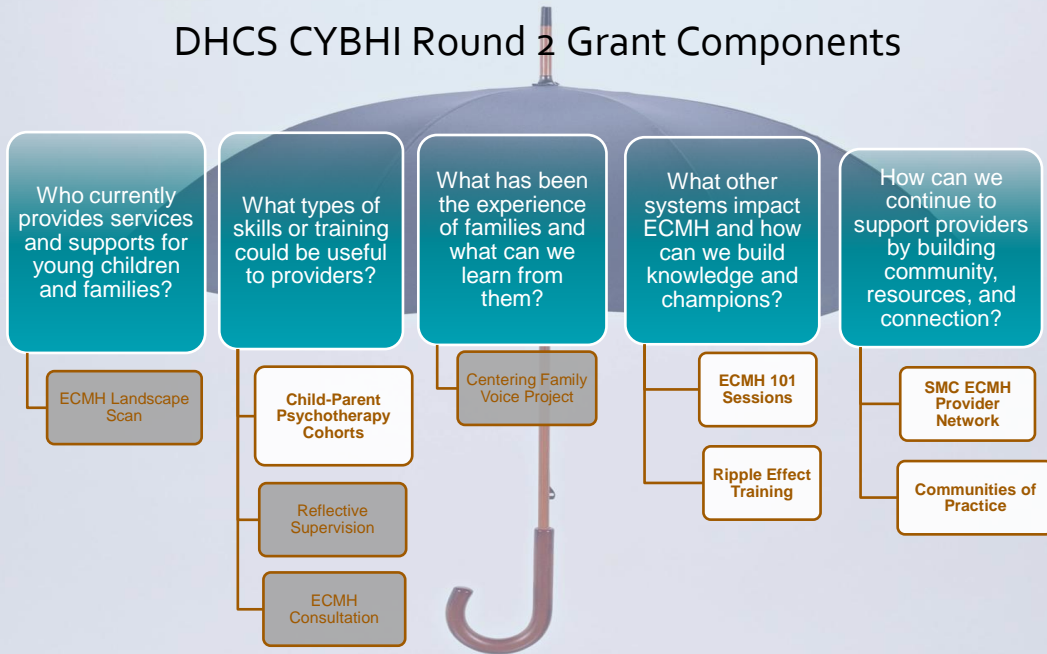
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## First 5 SMC Infant and Early Childhood Mental Health Systems Components



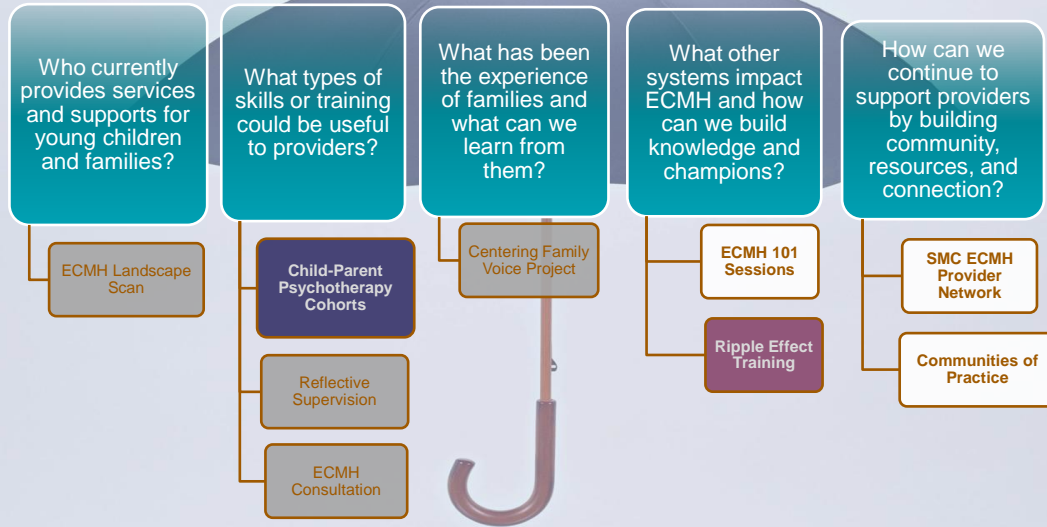
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## DHCS CYBHI Round 2 Grant Components



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## CYBHI Grant: IECMH Content Expert and Network Facilitator & IECMH Network Manager Roles



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## IECMH Content Expert and Network Facilitator Contract Recommendation

**Contractor:** UCSF  
Infant-Parent  
Program

**Term:** May 1, 2024 –  
June 30, 2026

**Contract Amount:** Up  
to \$130,000

### Activities:

- Provide content expertise and consultation on ECMH workforce development network to F5SMC and IECMH Network Manager,
- Design a plan for establishing IECMH Network,
- Co-facilitate IECMH Network Community meetings
- Facilitate ECMH 101 trainings, and
- Attend key planning and coordination meetings for the CYBHI Round 2 grant

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Questions?



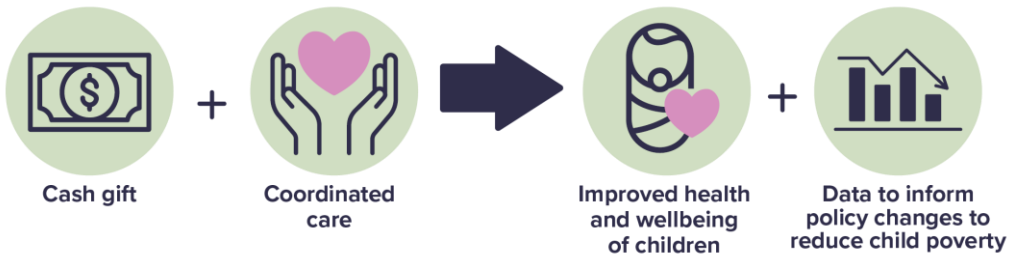




**SAN MATEO COUNTY**  
**BABY BONUS**  
 MAY 2024

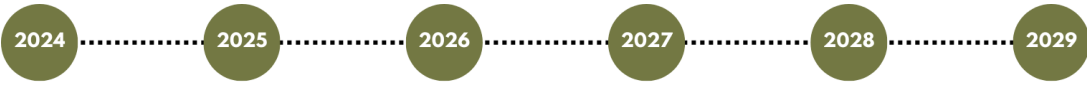
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## Essential Supports for Baby's Beginning



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# Timeline



Planning

- Establishing partnerships and processes
- Fundraising
- Developing program design
- Developing evaluation plan
- Understanding policy landscape
- Getting feedback from various stakeholders

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# Core Planning Partners



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## Cash Gift Component

### **\$300 per month to birthing parent for 36 months**

- Money delivered through debit card or gift card (method TBD)
- First 5 will contract with a financial partner to manage cash disbursement

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## Coordinated Care Component

A **Community Health Worker** from HPSM will:

- Check if families are connected to a medical home and home visiting program, and connect/reconnect them with these services as needed
- Ask about other family resources they need at birth
- Conduct periodic check-ins over 3 years to see if they are still accessing medical home and home visiting program, and connect them to additional services they are interested in

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## Population Focus

- **Eligible population:** Residents of San Mateo County with Medi-Cal funded births
- HPSM Medi-Cal births in 2022: 1,169
- Top cities of residence: San Mateo, Redwood City, Daly City, East Palo Alto
- Top delivery hospitals: Lucile Packard Children's Hospital (70%), CPMC (10%), Mills Peninsula (10%)
- 45% Hispanic, 7% Asian, 5% white (39% other or no data)



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## Evaluation

- Randomized Controlled Trial
- Led by multiple departments at Stanford University, including the Center for Population Health Sciences, the Department of Pediatrics and School of Medicine, the Center on Early Childhood, the Center on Poverty and Inequality, and the Health Policy Department
- Codesigned with First 5, HPSM, County Health, Human Services Agency
- Applied for NIH funding in March

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# Study Design

## Randomized Controlled Trial

**300+ PEOPLE**  
 Baby Bonus  
 Coordinated Services

**300 PEOPLE**  
 Coordinated Services

**600 PEOPLE**  
 Usual Care

## Additional Participants

**100 PEOPLE**  
 Baby Bonus  
 Usual Care

● Baby Bonus =  
 \$300/month for  
 36 months

● Coordinated Services =  
 Connection to home  
 visiting, medical home,  
 family resources

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## Key Outcome Measures

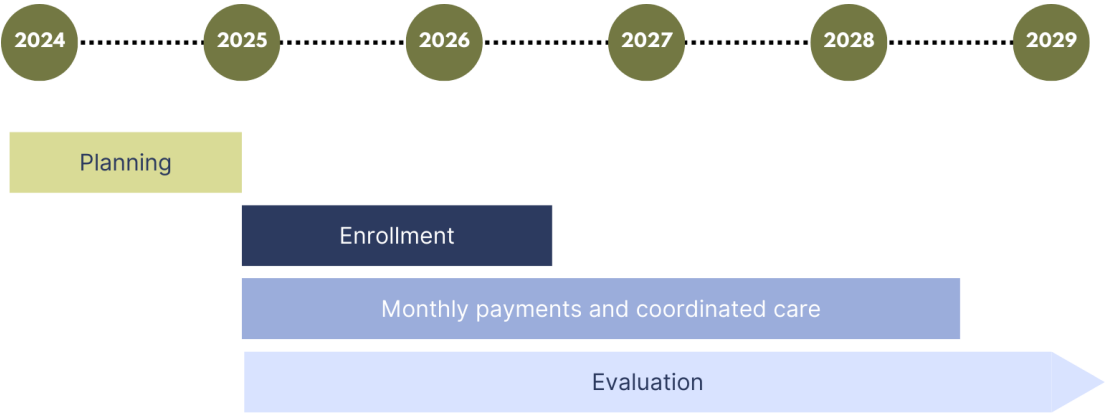
Still to be determined, but likely to include:

- Health care utilization
- Service access and utilization (e.g. WIC, home visiting, childcare)
- Parental workforce participation
- Parental mental health
- Child developmental status
- Parent-child relationship qualities
- Household income



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# Timeline



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## Continuous Learning

- California Guaranteed Income Now conference
- End Poverty in California Baby Bonds summit
- Counties for Guaranteed Income/Results for America Solutions Sprint
- Stanford Center for Poverty and Inequality author talk with Natalie Foster
- Guaranteed Income Community of Practice

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## Next Steps



- Continue fundraising
- Engage families and providers for input
- Finalize program design
- Finalize evaluation design and outcome measures
- Develop RFP for financial vendor
- Develop and implement communications plan

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## Funders

- San Mateo County Health
- San Mateo County Board of Supervisors
- Jackie Speier Foundation
- Stanford University
- Health Plan of San Mateo\*
- Sobrato Foundation\*
- Silicon Valley Community Foundation\*

\*Pending

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## Ways to Support

- Share funding opportunities
- Learn about impacts of guaranteed income
- Speak up for early childhood investments
- Connect us with families who want to share their stories
- Let us know what excites you and what questions/curiosities arise



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## THANK YOU

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First 5 San Mateo County

[mle@smcgov.org](mailto:mle@smcgov.org)



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