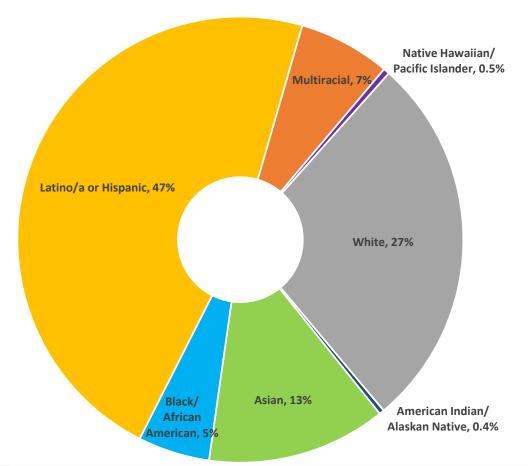
# **Children Now's 2024 Report Card**

Ted Lempert, President
Children Now
San Mateo County First 5
Commission

March 25th, 2024



#### There are 13.7 million Californians ages 0-26.

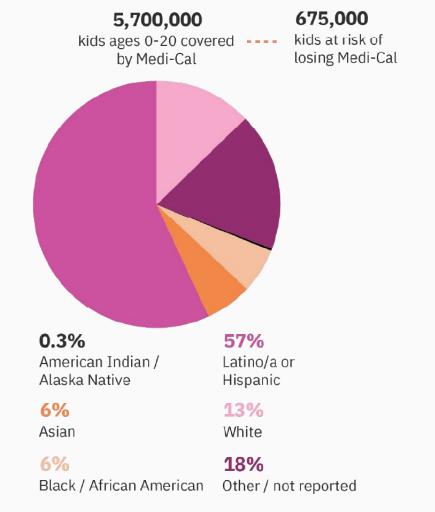




HEALTH		EDUCATION	
D	Birthing Health	C-	Child Care
С	Environmental Health & Justice	B+	Preschool & Transitional Kindergarten
A-	Health Insurance	B-	Early Care & Education Workforce
D+	Health Care Access & Accountability	D	Early Intervention & Special Education
D	Preventive Screenings	C-	Education for Dual Language & English Learners
D+	Supporting Mental Health	C+	Education Funding
D-	Preventing Substance Abuse	В	Expanded Learning Programs
С	Oral Health Care	D	STEM Education
C-	Relationships & Sexual Health	С	Educator Pipeline, Retention, & Diversity
CHIL	D WELFARE	D	School Climate: Connections with Adults on Campus
С	Stable Homes & Enduring Relationships	С	School Climate: Discipline & Attendance
C+	Health Care for Kids in Foster Care	B-	Higher Education
D	Education Supports for Students in Foster Care	CROSS-	SECTOR ISSUES
D	Transitions to Adulthood	D-	Supports for Unaccompanied Homeless Youth
FAM	ILY SUPPORTS	C+	Supporting LGBTQ+ Youth
C-	Voluntary Evidence-Based Home Visiting	D+	Decriminalization of Youth
B-	Paid Family Leave	B-	Food Security
В	Income Assistance for Low-Income Families	B-	Cradle-to-Career Data Systems

### **Health Insurance**Grade A-

Due to the State's decades of success in expanding coverage, over half (55%) of all California children were enrolled in Medi-Cal health insurance during 2023





# **Environmental Health & Justice**Grade C

Environmental toxins are especially dangerous for kids.



**53%** of schools tested had excessive lead in their water



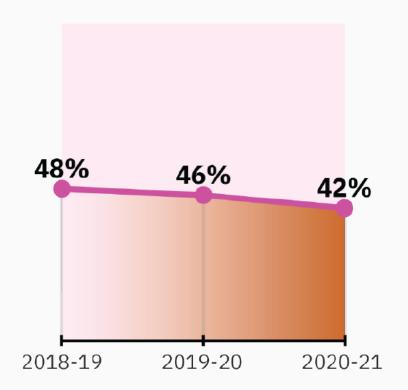
29% of child care centers tested had excessive lead in their water



# **& Accountability**Grade D+

Too few kids are getting the health care they need to ensure that any problems are caught early, and they grow up healthy.

### Just 4 in 10 kids in Medi-Cal received preventive health services in 2020-21

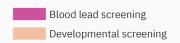


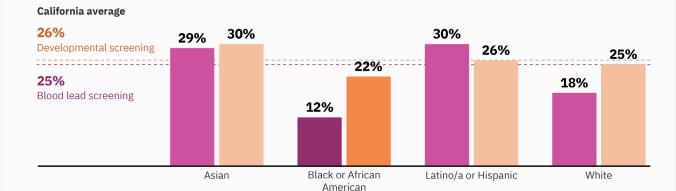


#### Preventive Screenings Grade D

Only 1 in 4 California children in Medi-Cal receive important blood lead & developmental screenings.





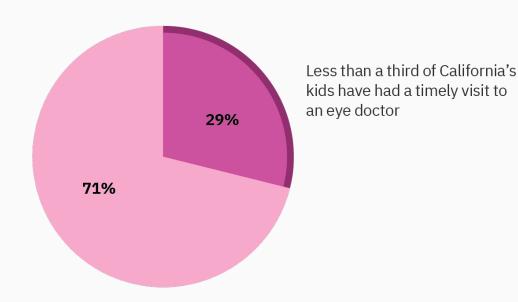




#### Preventive Screenings Grade D

California ranked 51st (out of 50 states & D.C.) in percentage of kids with a timely visit to an eye doctor.

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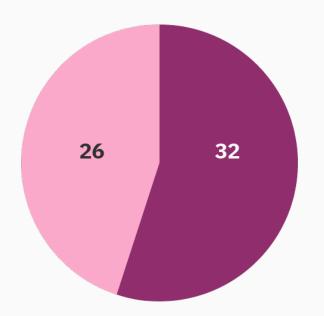




### Oral Health Care Grade C

There are many
"dental deserts" in
California, where there
are no or too few
dentists to serve the
Medi-Cal population.

### 45% of California's 58 counties have NO pediatric dentists accepting Medi-Cal



- Counties with no pediatric dentists accepting Medi-Cal
- Counties with at least one pediatric dentist accepting Medi-Cal

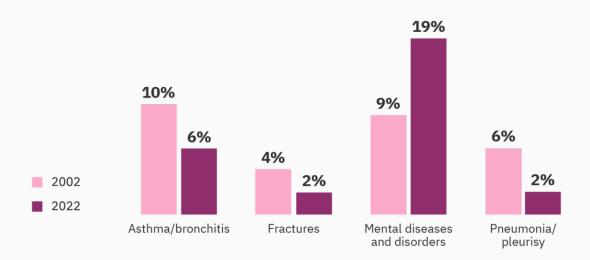


## **Supporting Mental Health**

Grade D+

Mental health issues are the #1 reason California kids are hospitalized.

#### Top diagnoses, as a percentage of all California child hospitalizations, 2002 vs 2022





## Supporting Mental Health

Grade D+

California ranked 51st (out of 50 states & DC) for parents reporting it was not possible to obtain mental health care for their child. Denials by health plans are a major barrier to kids getting mental health care.

California parent-reported difficulty obtaining mental health care for their child



Did not have difficulty



Somewhat difficult, very difficult, or not possible to obtain care





#### Power Building Wins: Protecting Funding for Youth Mental Health (2023)

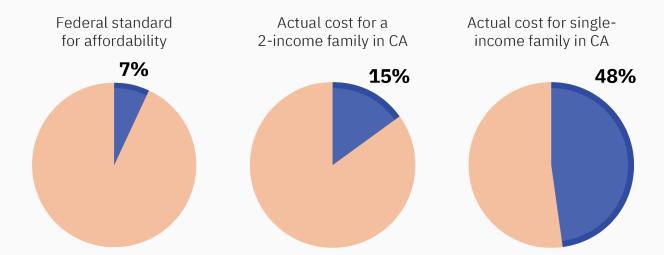
State leaders proposed changes to the Mental Health Services Act (MHSA), which would reduce funding for children's mental health services by over \$300 million, in a time when anxiety and depression rates in California kids are on the rise.

Children Now swung into gear, mobilizing nearly 300 organizations from the Children's Movement and employing our government relations team in Sacramento to urge Governor Newsom and state legislators to protect this funding. Our game changing connector strategy was successful, as the proposal was amended to protect the funds for kids!

## Child Care Grade C-

Child care
affordability is a
major concern for
California's families.

Child care is not affordable for most families (percent of median income devoted to child care, 2021)

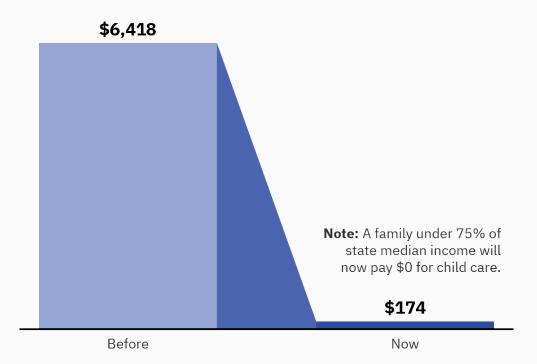




## **Child Care**Grade C-

New State investments in subsidized care are tremendously educing the cost for families.

#### Huge reduction in annual family fees for subsidized child care(family of 4, 75% of state median income)

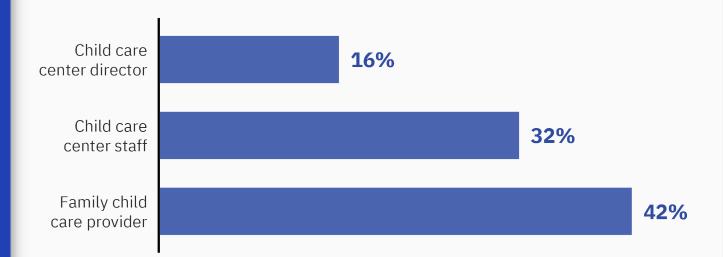




# Early Care & Education Workforce Grade B-

Many early childhood educators rely on Medi-Cal health coverage, food assistance, child care subsidies, or other public assistance to make ends meet.

Percentage of early childhood educators who relied on one or more public assistance programs, 2020



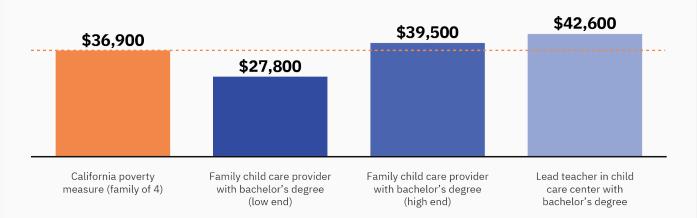


# Early Care & Education Workforce Grade B-

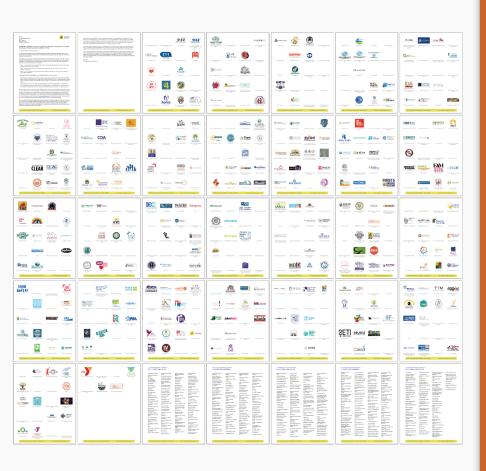
Child care workers are paid very low wages.

As ECE educators are predominantly women of color, these low wages are a racial and gender justice issue.

Median wages for California's child care workers are below or near poverty (2022 dollars)







#### Power Building Wins: Supporting Child Care (2023)

The Children's Movement coordinated a letter with <u>over</u> 1,160 member organizations signed on, resulting in over \$1.4 billion to support child care providers and a new equitable family fee system to make child care more affordable.

This was an unprecedented advocacy effort, both in terms of the number and diversity of organizations participating. The <u>LA Times</u> and <u>Politico</u> highlighted the Children's Movement campaign, including the fact that both the State Chamber of Commerce and SEIU signed on.

# Preschool & Transitional Kindergarten Grade B+

Implementation of TK has been uneven thus far, with TK enrollment in some counties at onequarter of kindergarten enrollment, and others not yet starting.

#### TK enrollment as a percent of kindergarten enrollment, selected counties, 2021-22



# Preschool & Transitional Kindergarten Grade B+

California's TK
program policies fail
to meet
major national quality
benchmarks.

#### Major quality benchmarks for TK that California does NOT meet

- Maximum class size of 20
- 2 Staff-to-child ratio of 1:10 or better
- Teacher specialization in pre-K and child development
- 4. At least 15 hours of staff professional development per year
- 5. Vision, hearing, & health screenings with follow-up referrals
- 6. System of quality improvement informed by data

# Early Care & Education Workforce Grade B-

Recruitment of qualified early childhood educators is not yet meeting need.

#### Only about 1 in 5

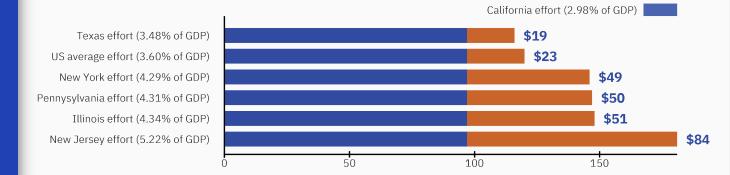
Local Educational Agencies reported they already have enough qualified staff to teach Transitional Kindergarten.





# Education Funding Grade C+

State spending on the TK-12 school system has increased over time, but still represents only 3% of state wealth. Additional annual spending for the California TK-12 education system if the state increased funding effort to match other large states (2020, \$ in billions)

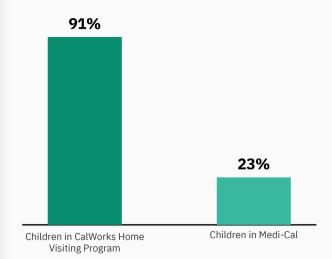




# Voluntary EvidenceBased Home Visiting Grade C-

Despite research proving the benefits of home visiting programs, they do not reach enough California families.

#### Children in CalWORKS Home Visiting Program were far more likely to receive at least one developmental screening



## In FY 2022, the Department of Public Health California Home Visiting program reported that:

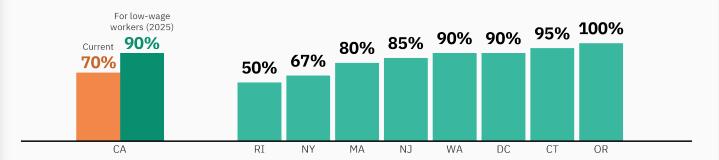
- **81%** of parents/caregivers were screened for depression.
- 70% of people who gave birth received a postpartum visit with a health care provider within 8 weeks of delivery.
- of children enrolled in California
  Home Visiting Program (MIECHV)
  received their well child visits.



# Paid Family Leave Grade B-

California's PFL
wage replacement
rates have improved,
but continued work is
needed to keep up
with the handful
of peer states that
lead the nation on
PFL policies.

#### Paid Family Leave wage replacement by state

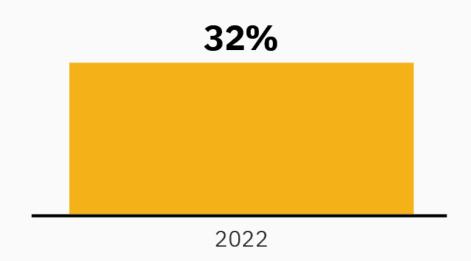




#### Stable Homes & Enduring Relationships Grade C

Too few first-time placements are with relatives.

#### Percent of first time placements with relatives





# Health Care for Kids in Foster Care Grade C+

Children in foster care are more likely to have physical and mental health needs because they have experienced trauma.

A national study found that kids who had been in foster care were:

<b>7</b> x	more likely to experience depression
6x	more likely to exhibit behavioral problems



as likely to have an attention deficit disorder, hearing impairments and vision issues

more likely to suffer from learning disabilities, developmental delays, asthma, obesity and speech problems



#### April 23, 2019

The Honorable Richard Pan, Chair Senate Budget & Fiscal Review Sub. 3 State Capitol, Room 5019 Sacramento, CA 95814 The Honorable Eloise Gómez Reyes, Interim Chair Assembly Budget Subcommittee 1 State Capitol, Room 2175 Sacramento. CA 95814



#### Re: Family Urgent Response System - SUPPORT

Dear Senator Pan and Assembly Member Gómez Reyes,

We are writing in support of the Family Urgent Response System, a 555 million budget proposal in 2019-20 and 550 million ongoing, to support children and youth in foster care and their caregivers and help strengthen their relationships. The purpose of this Response System is to provide children and youth in foster care and their caregivers with the immediate trauma-informed support they need when issues arise, in order to preserve the family unit and link youth and families to longer-term, community-based supports and services needed to support them and foster a healing environment. This Response System supports the goals of the Continuum of Care Reform (CCR) to provide timely, in-home supports and services to help families thrive.

Children and youth in the foster care system have been removed from their homes and placed in new environments with caregivers that are often unfamiliar to them. Adapting to a new home can be challenging, especially for youth who are struggling to process their entry into foster care, and can make bonding difficult. As a result of their maltreatment, trauma, and loss, both children and youth in foster care and their caregivers may not be equipped with the skills and knowledge that will allow them to easily adapt to their new living situation. Children, youth and caregivers may quickly feel alone, confused and overwhelmed. This threatens the family unit and presents a barrier to providing loving care for traumatized youth. A placement disruption would have profound, negative consequences for the child or youth, resulting in feelings of abandonment and deepening the trauma. Moreover, in critical moments, caregivers may contact law enforcement because they lack other, more appropriate options for immediate help, resulting in the inappropriate criminalization of traumatized youth.

The Family Urgent Response System would provide current and former foster youth and their caregivers with immediate supports, by: (1) establishing a statewide hotline available 24 hours a day, 7 days a week, for caregivers and youth who are experiencing emotional, behavior or other difficulties and need immediate help. The hotline will be staffed with operators who are trained in conflict resolution and de-escalation and can provide immediate assistance to preserve the family unit and determine whether mobile, in-home support is needed, and (2) requiring counties to establish mobile response teams to provide face-to-face, in-home support on a 24/7 basis to help stabilize the living situation, assess the caregiver's and child's needs, and develoo a plan of action. Counties will then connect the family to nonoing services through the existing local network of care.

CCR envisions that all children and youth in foster care and their caregivers receive immediate and timely supports and services regardless of the placement setting, to support long-term permanency and improved outcomes. The Family Utgent Response System for current and former foster youth and their caregivers provides these needed services to help keep families together and to promote a heating environment that allows children, youth and families to grow and thrive. Importantly, the Response System will reduce the likelihood of re-traumatization of children and youth, reduce law enforcement calls and needless criminalization of vouth, and prevent placement disturation.

For these reasons, we, the undersigned, support the Family Urgent Response System.

incerely,

The Undersigned Organizations

CC: Members and Staff of the Senate Budget Subcommittee No. 3 on Health and Human Services

Members and Staff of the Assembly Budget Subcommittee No.1 on Health and Human Services

1404 Franklin Street, Ste 700, Oakland, California 94612

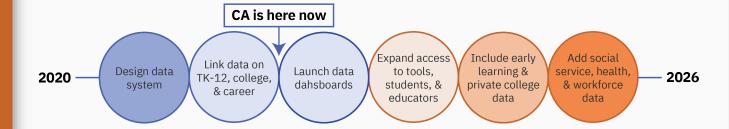
www.childrennow.org/themovement/

#### Power Building Wins: Secured Crisis Hotline for Kids in Foster Care (2019)

With the united advocacy of over 730 Children's Movement Members, we established the Family Urgent Response System, a 24/7 statewide hotline and county mobile response system that will help ensure youth in foster care and caregivers can access trauma-informed supports when they need them.

### Cradle-to-Career Data Systems Grade B-

The Cradle-to-Career data system is in the early phases of implementation.
Connecting education data to social services, health, & workforce data is what makes the C2C system unique & particularly valuable.





#### **Learn more and get involved:**

The California Children's Report Card https://go.childrennow.org/2024-california-childrens-report-card

County Scorecard of Children's Well-Being https://scorecard.childrennow.org

Join The Children's Movement™ www.childrennow.org/thechildrensmovement/

#### Follow us on social media:













## San Mateo County Community Focus Groups: Summary of Findings 2024

Developed by: EVALCORP

#### Agenda

- I. Introduction
- II. Methods
- III. Participant Demographics
- IV. Findings
- V. Connection to Current First 5 San Mateo County Work

#### Introduction

To support First 5 San Mateo County better meet the shifting needs of families and children and determine:

- 1. Strengths of current services
- 2. Families' current top needs
- 3. Families' experiences regarding diversity, equity, inclusion, and belonging in the County
- 4. Families' recommendations for the County to better meet their needs

#### Methods – Participant Recruitment

EVC outreached to local agencies in the County.



Local agencies outreached to community members.



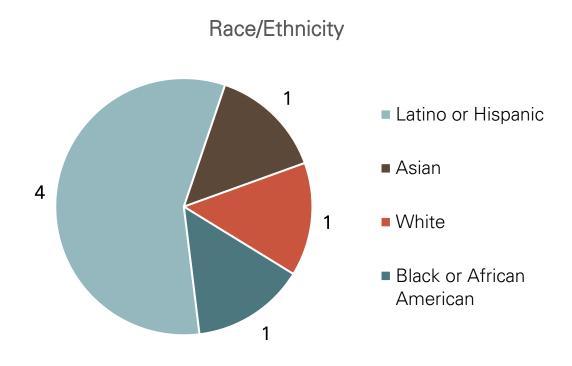
Four focus groups (three in English and one in Spanish) were conducted with 7 participants

#### Methods – Data Collection and Analysis

#### Data Collection and Analysis

- Focus groups conducted virtually via Zoom
- Participants informed about purpose and planned dissemination of findings
- Responses coded qualitatively for themes

#### Participant Demographics



City of Residence	n
Burlingame	1
East Palo Alto	1
Foster City	1
San Carlos	1
South San Francisco	2
Woodside	1

Number of Children Age 0-5 in Family	n
One Child	6
Two Children	1



#### Strengths of San Mateo County

Participants were asked to share where they go first when they need help or support for their families.

#### Sources of Support

- Community Centers
- 4Cs
- Schools
- Department of Social Services

#### Most Helpful Supports

- Childcare
- Basic Needs

#### Families' Current Needs

Next, participants reflected on how their families are doing post-pandemic.

Their top needs were:

- Childcare (access & affordability)
- Afterschool programs
- Financial assistance
- System navigation support

In my case, I was left alone from one day to the next... I couldn't work because I had no one to leave my baby with.

I'm not eligible for services, but I don't have enough to cover basic needs.

#### Families' Current Challenges

The participants shared that they had difficulty accessing services due to:

- Lack of awareness of resources
- Issues with service application process
- Agency staff turnover



For the most part, I don't know where I can go for resources or support. I don't know where to start.

# Families' Experience with Diversity, Equity, Inclusion, and Belonging (DEIB) - Strengths

Participants shared their opinions regarding DEIB with services in the County.

#### Families appreciated:

- Opportunities to provide input for services
- Tailored support for their families' needs

I am almost always asked in surveys if I have anything to add or recommendations.

[They are] very good at being individualized. They cared about my child and asked 'What does he need to work on?'

# Families' Experience with Diversity, Equity, Inclusion, and Belonging (DEIB)- Challenges

#### Families had challenges with:

- Issues when engaging with staff
- Lack of culturally competent services
- Lack of sense of belonging in their community

I didn't feel like there was compassion from the staff when I shared my story. It was not a trauma-informed conversation.

Sometimes it's difficult to understand services... the translation is sometimes not accurate.

#### Summary of Key Findings

#### Strengths

- Formal support sources
- Childcare linkage
- Basic needs assistance
- Opportunities to provide input for services
- Receive tailored support for their children.

#### Needs

- Childcare (access & affordability)
- Afterschool programs
- Financial assistance
- System navigation support
- Culturally competent and sensitive services

#### Families' Recommendations for San Mateo County

Lastly, participants discussed their recommendations that would best support their needs for San Mateo County decision makers.

Their recommendations included:

- Conducting community outreach
- Providing extracurricular programs for children
- Providing training to service provider staff
- Providing financial support
- Providing childcare for infants



They could contact schools in the area to put resources in their newsletter so families can see services available.



Families' Needs	First 5 San Mateo County's Current Effor
Childcare (Access & Affordability)	Build-Up for San Mateo County Kids F5CA's IMPACT Program Sueños Unidos at Puente de la Costa Sur Peninsula Family Service's Therapeutic Child Development Centers at San Mateo County's Family Shelters 4Cs Enhanced Referrals Program
System Navigation Support	Help Me Grow managed by AbilityPath StarVista's Healthy Homes
Culturally Competent and Sensitive Services	TRISI Program
Financial Assistance	Baby Bonus Project

