

21-Day Equity Challenge



Based on the 21-day Racial Equity Habit Building Challenge from Dr. Eddie Moore Jr., Debbie Irving, and Dr. Marguerite Penick-Parks

- FOR 21 DAYS, TAKE ONE STEP TO FURTHER YOUR UNDERSTANDING OF POWER, PRIVILEGE, WHITE SUPREMACY, OPPRESSION, AND EQUITY.
- CHOOSE TO: READ, LISTEN, WATCH, NOTICE, CONNECT, ENGAGE, OR ACT.
- GET SUGGESTIONS FOR EACH CATEGORY AT: WWW.EDDIEMOOREJR.COM/21DAYCHALLENGE
- FIND MORE MATERIALS AND TRAININGS ON THE SAN MATEO COUNTY ACES CONNECTION PAGE: WWW.ACESCONNECTION.COM/G/SAN-MATEO-COUNTY-CA, UNDER THE RACIAL EQUITY TAG AND ON THE CALENDAR
- TRY TO DIVERSIFY YOUR HABITS ACROSS CATEGORIES.
- RECORD YOUR PROCESS BELOW. THESE REFLECTIONS ARE JUST FOR YOU, THOUGH WE WILL USE THEM TO HAVE CRITICAL CONVERSATIONS TOGETHER AT THE END OF THE CHALLENGE PERIOD AND BEYOND

READ	LISTEN	WATCH	NOTICE	CONNECT	ENGAGE	ACT	
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READ

LISTEN

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ADDITIONAL
REFLECTIONS,
QUESTIONS & IDEAS

A large, empty white rectangular area intended for user input, reflections, questions, and ideas.