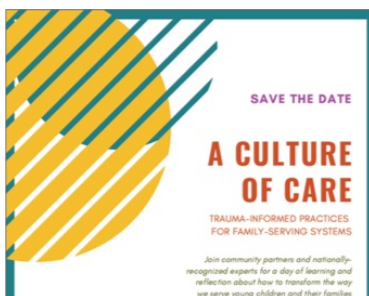


THINK BIGGER



Big Topic

Join Us for A Culture of Care: Trauma-Informed Practices for Family-Serving Systems



First 5 San Mateo County is bringing together trauma- and resiliency-informed systems leaders and service providers from across the county for an exciting and innovative event: A Culture of Care – Trauma-Informed Practices for Family-Serving Systems. This one-day conference includes lively discussions surrounding practices that nurture wellbeing, connection and learning, plus tangible ideas for implementation and best practices. Two exciting keynote speakers, [Laura van Dernoot Lipsky](#) and [Dr. Ken Epstein](#), bring more than five decades of combined experience in trauma exposure and trauma-informed practices.

Acknowledgement of the lasting impact of adverse childhood experiences and movement toward providing trauma-informed care has been building in the community, and we have reached the tipping point. We are now eager to move into connection and action. For the past year, First 5 San Mateo County has been working with partners across sectors to draft a roadmap for building a trauma- and resiliency - informed system of care for young children and their families. This convening will be our first opportunity to bring together systems leaders along with providers from various sectors including health, early childhood education, child welfare, housing and a variety of others in an effort to share in this work more broadly.

Space is limited—please register today!

When: November 18th, 2019 from 9:00 a.m. to 4:00 p.m.

Where: Sobrato Redwood Shores Community Conference Center, 330 Twin Dolphin Dr., Redwood City, CA 94065

[Register Here](#)

*We ask organizations to send a team of 2-5 people, with at least one who is in a management level position, and one who works primarily with clients and community members.

Coming Up: Help Me Grow San Mateo County

Help Me Grow San Mateo County (HMGSMC) connects young children and their families to information and



resources needed to support a child's healthy development. In partnership with [Gatepath](#) and [Stanford Children's Health](#), a new website will be launched for HMGSMC in the coming months.

This website will be a place for families, caregivers and providers to access information on developmental milestones, free screenings, referrals and more. HMGSMC is a part of the national Help Me Grow network, a growing coalition of states, communities and individuals working together to improve early childhood systems.

While waiting for the official launch of the Help Me Grow San Mateo County website, get to know us [here](#). Have questions? Call or text 650-762-6930 or email hmgsmc@gatepath.org.

Focus On the Census: Census 2020

The countdown for the 2020 Census is on. Making sure all San Mateo County kids are counted in the census ensures that our community will receive vital resources, including childcare programs, housing, health care, food programs, Medi-Cal, libraries and much, much more. **Your voice counts/matters!** The 2010 census missed more than 10% of all children under age 5 in the U.S..



What else do you need to know about the census and the information submitted? It's important to know that the information is confidential. This means that people—like landlords, Child Protective Services or the IRS—will not receive any information. People who are undocumented should still take the census; there will not be a citizenship question, nor will answers be reported to immigration authorities.

Not convinced yet that you should take the census? It only takes about 10 minutes to complete but benefits to the community and families last for a decade!

Please mark your calendars for April and visit [Count All Kids](#) for more information regarding the 2020 Census in [San Mateo County](#).

Image by County of San Mateo

Community Impact

Several organizations are working hard to make safe and affordable child care centers, staffed by qualified childcare professionals, a reality for all children in San Mateo County. One of those inspiring organizations that understands the impact of early care and education for a child's future success is Puente de la Costa Sur (Puente). Puente, an active part of San Mateo County's rural community, opened the area's first bilingual parent cooperative, "Sueños Unidos" ("United Dreams") in 2016.

Since 2016, and with the help of First 5 San Mateo County, Puente's childcare center was able to obtain the funding needed to become a licensed early childhood education provider. Puente continues to transform the lives of the community by providing leadership development programs and comprehensive child education.

Read more about Puente's work at our most recent blog post [here](#).



A Quality Celebration

On October 5, we honored San Mateo County teachers who are committed to high quality learning at the Quality Counts celebration. With support from [Quality Counts](#), these dedicated educators work hard throughout the year to provide the best early care and education possible in San Mateo County.

As a leader in the statewide effort to raise early learning quality through quality rating and improvement systems (QRIS), Quality Counts San Mateo County supports early learning excellence by setting standards, measuring programs by those standards and providing quality improvement support where needed. Quality Counts also helps families select the best early learning program for their child by providing them with information on programs committed to quality improvement. There are currently over 100 family child care programs and child care centers in San Mateo County that voluntarily participate in Quality Counts. Now that's something to celebrate!



Upcoming Event

Intersections for Early School Success: Policy, Partnerships and Practice

Join us on November 20th for a Bay Area conference focused on Pre-K through third grade. Hosted by Silicon Valley Community Foundation's Center for Early Learning, this informative day will be spent discussing California legislation impacting preschool through third grade, how to form impactful partnerships, practical strategies for implementation and more.

Featured speakers will include Sarah Neville Morgan, California Department of Education's Deputy Superintendent, Kim Pattillo Brownson, State Board of Education/First 5 LA, Elliot Regenstein, Foresight Law and Policy, Jason Sachs, Boston Public Schools and Sharon Ritchie, FirstSchool.

For event details and registration, visit P3Education.eventbrite.com.

We'll be bringing you more news on topics like maternal mental health, early learning workforce development, oral health and more in the next edition of the Think Bigger newsletter.

[Visit our Website](#)

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STAY CONNECTED

