

TRISI IMPLEMENTATION TEAM MEETING

First 5 San Mateo County

May 30, 2019

First 5 SMC EMCH Steering Committee: January
2018 Recommendation

Long-term goal: Embed Trauma-Informed Policies
and Practices at every level of the system



Training and support for child- and family-serving organizations to become
make internal operations more trauma-informed, including:

- **Agency Self-Assessments of Trauma-Informed Care**
- **Trauma 101:** Basic training on definition, prevalence, impacts and treatment of trauma as well as information about resiliency and protective factors
- **Reflective Practice Training and Supervision:** An approach that supports various models of relationship-based service delivery and can be used across disciplines, systems of care, and service models for children and families.

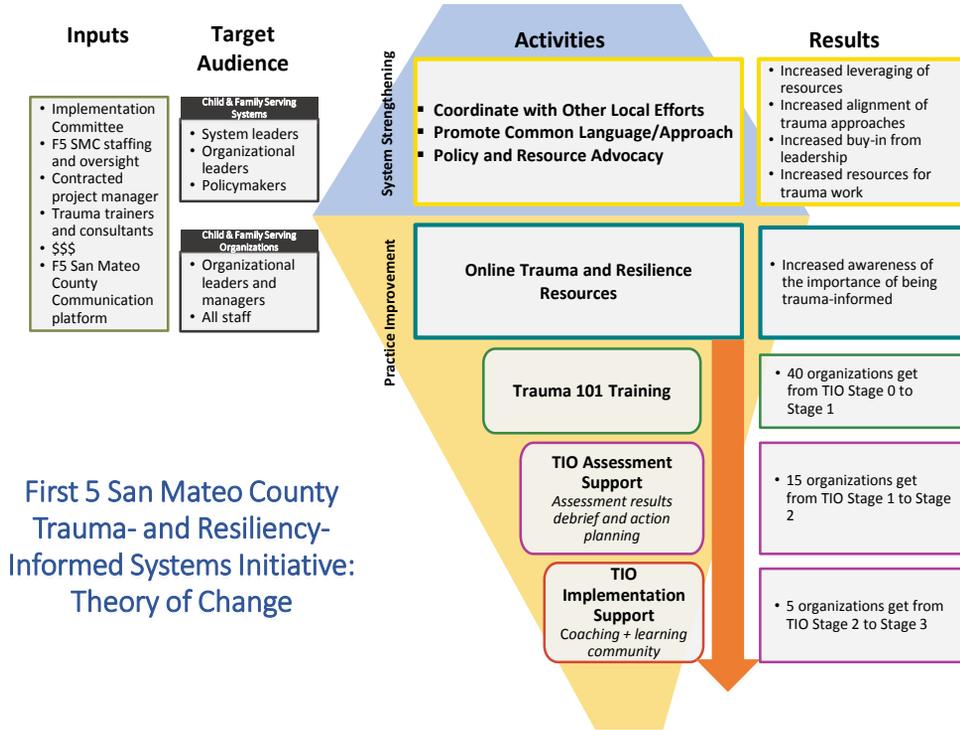


Training and resources for professionals working with children and families

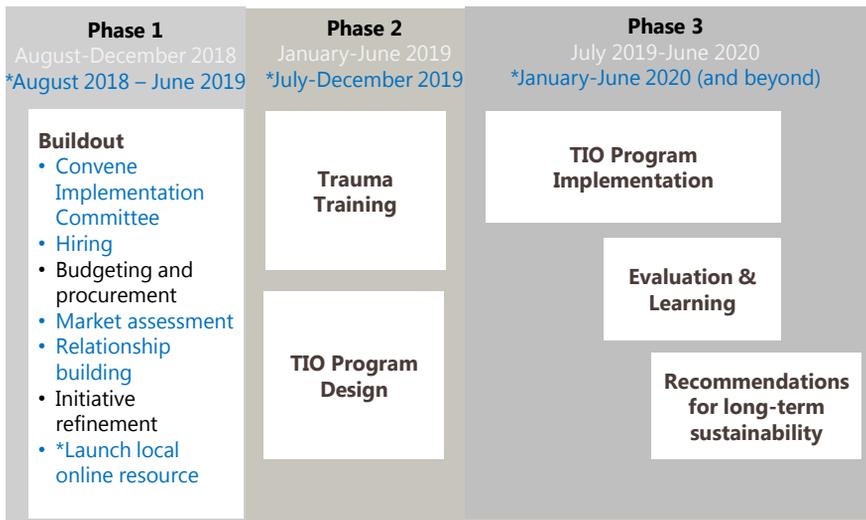
- To understand trauma, its impacts, and treatment options
- That incorporates cultural humility into trauma-informed work



Education for parents to help recognize the signs and symptoms of trauma



Project Timeline



ACES CONNECTION UPDATE

San Mateo County ACEs Connection page

The screenshot shows the San Mateo County ACEs Connection website. The page has a blue header with navigation links: HOME, BLOG, DOWNLOADS, CALENDAR, FORUMS, SURVEYS, CHATS, MEMBERS, ACTIVITY. A user profile for MAI LE is visible in the top right corner.

The main content area features a title "San Mateo County (CA)" and a description: "San Mateo County ACEs Connection is a community for all who are invested in creating a trauma-informed and resilient San Mateo County. This is a space to share resources, information, successes, and challenges related to addressing trauma and building resiliency, particularly in young children and their families."

Below the description is a breadcrumb trail: ACESCONNECTION / COMMUNITIES / SAN MATEO COUNTY (CA) / HOME.

The "Recent Blog Posts" section displays a post titled "Family Resilience And Connection Promote Flourishing Among US Children, Even Amid Adversity" with a link to www.healthaffairs.org. The post is attributed to MAI LE, dated 1 DAY AGO, and includes a "READ STORY" link and a "0 COMMENTS" indicator. A small image of a woman is shown below the text.

On the right side of the page, there is a "Post" button, a "Configure Community" button, and a "Configure Home Page" button. Below these is a "Questions?" section with the text "Do you have questions? Need Help?" and a contact card for MAI LE, the community manager.

Reminder: Functions of ACEs Connection

On the [San Mateo County community page](#) you can:

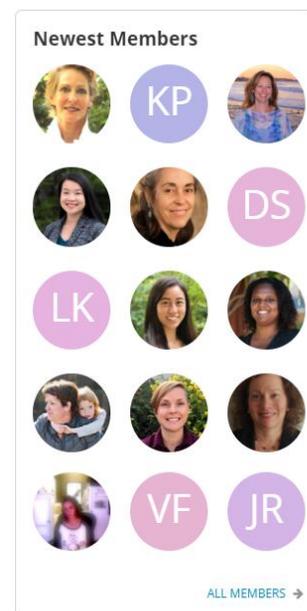
- Read and post articles and resources
- Ask questions and share ideas
- Share and see events, trainings, and meetings

Also on the [ACEs Connection main site](#) :

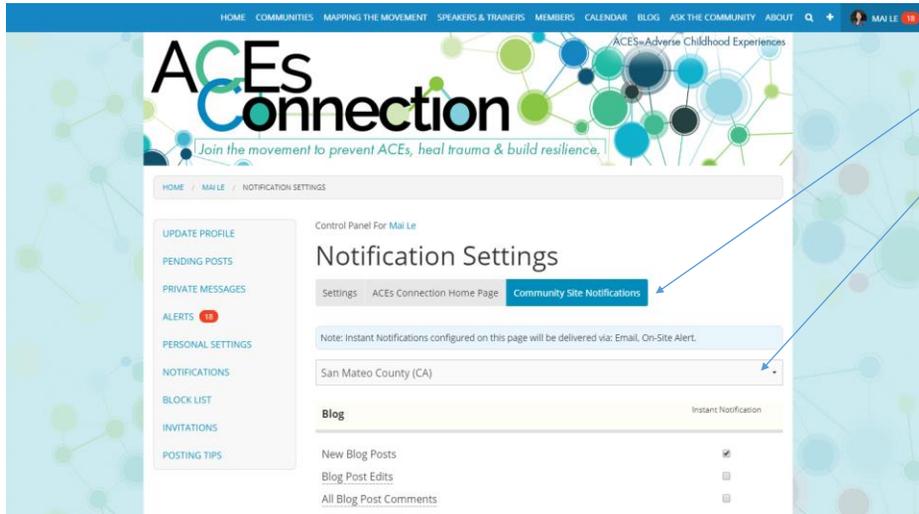
- TONS of articles posted by people nationally and beyond
- Resource Center with all things ACEs-related
- How-to Guides for using the website

Building momentum

- Increasing membership
 - *When will you join?*
- Driving traffic
 - *Where will you share this?*
- Maximizing utility
 - *What will you contribute?*



Adjusting Notifications



Can adjust settings for main page and for each community site

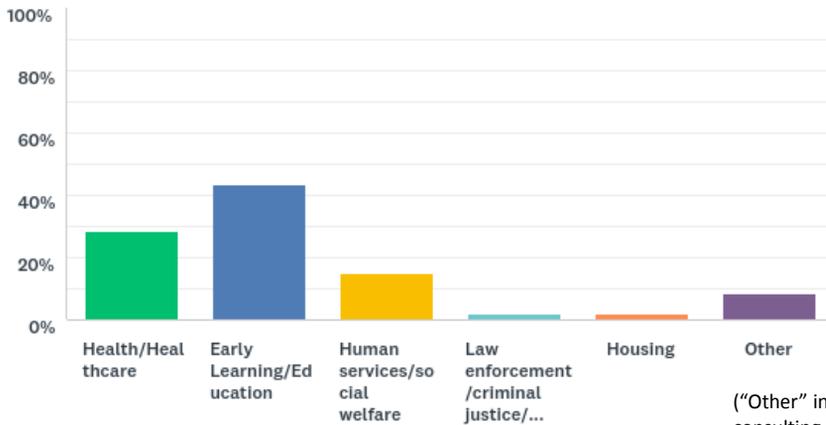
Digest Emails: Unsubscribe at the bottom the email

HMG SMC Physician Referral Slide

- Cheryl Oku to add content and present

SUMMARY OF TRISI SURVEY RESULTS

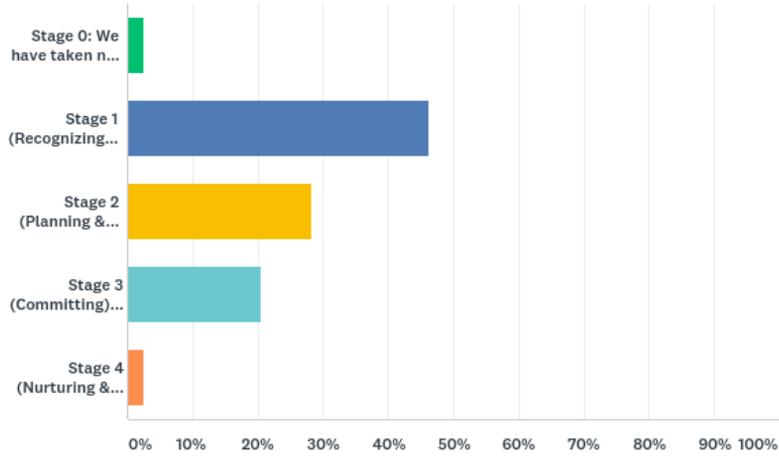
Survey Respondents by Sector



46 total responses

("Other" included: funder, multi-sector consulting, family engagement, child advocates)

Stage of Development



Becoming Trauma and Resiliency-Informed: 4 Stages of Development

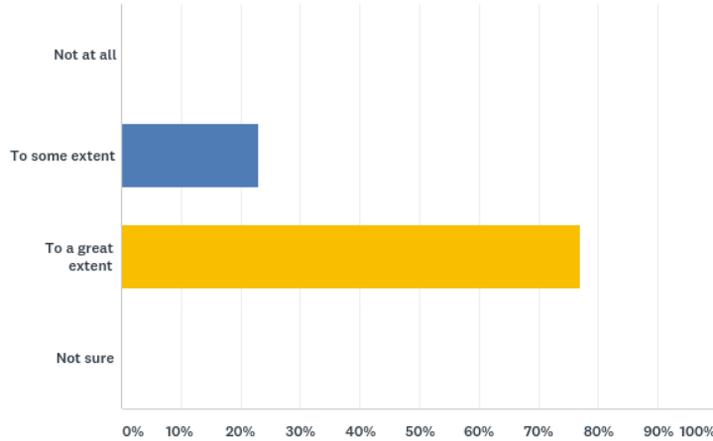
Principles Safety | Trust and transparency | Peer support | Collaboration and mutuality | Voice, choice, and self-agency | Culturally, historically, and gender-identity appropriate



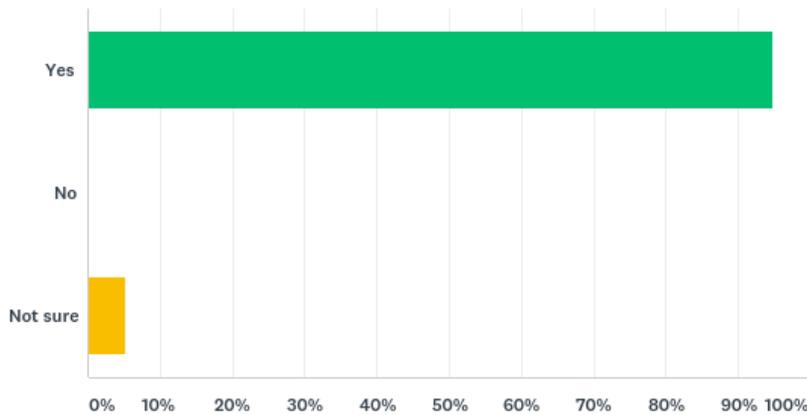
Domains Leadership and governance | Training and workforce development | Screening, assessment, and services | Progress and results monitoring | Engagement and involvement | Physical environment | Cross-system collaboration | Media and marketing | Policies and procedures | Financing

Source: First 5 LA

Extent to which becoming trauma-informed is a priority



Interest in attending a training



Responses did not indicate a strong preference for half or full day format

Recommended experts

- Ken Epstein*
- Matt Redam*
- Joyce Dorado*
- West Ed*
- Trauma Transformed*
- Shawn Ginwright (SFSU)
- Jessica Wolin (SFSU)
- Darlene Hall
- Martha Merchant
- Jenee Littrell (SMCOE)
- Kristin Reinsberg
- Joy DeGruy
- Circle Up
- SF Child Abuse Council

*Mentioned by multiple respondents

Respondent Questions/Thoughts

1. How do systems move beyond training to continue the work?
2. How do we integrate TIS principles into client work?
3. What is the impact on children and families?
4. How can we measure outcomes?
5. How does this intersect with equity work?
6. What's in it for us (as a program/agency)?
7. How do we support frontline staff in their chronic trauma on the job?
8. How does this apply to staff and agencies who do not directly serve clients?
9. How can we have trauma-informed cities, not just orgs?

SMALL GROUP DISCUSSION

Small Group Discussion Questions

- If we were to host a half or full day convening about ACES/ Trauma/ Resiliency focused on young children and families, what would you envision?
- Would the convening include breakouts and, if so, how would the breakouts be structured? Would the breakout groups be divided by sector, agency role, and/or stage of agency readiness?

Next Steps

- Convening Planning Committee
- Organizational Assessment Tool Feedback
- Joining the ACES Connection SMC Community