First 5 SMC EMCH Steering Committee: January 2018 Recommendation

**Long-term goal:** Embed Trauma-Informed Policies and Practices at every level of the system

**Training and support for child- and family-serving organizations** to become make internal operations more trauma-informed, including:
- **Agency Self-Assessments of Trauma-Informed Care**
- **Trauma 101:** Basic training on definition, prevalence, impacts and treatment of trauma as well as information about resiliency and protective factors
- **Reflective Practice Training and Supervision:** An approach that supports various models of relationship-based service delivery and can be used across disciplines, systems of care, and service models for children and families.

**Training and resources for professionals working with children and families**
- To understand trauma, its impacts, and treatment options
- That incorporates cultural humility into trauma-informed work

**Education for parents to help recognize the signs and symptoms of trauma**
First 5 San Mateo County Trauma- and Resiliency-Informed Systems Initiative: Theory of Change

Project Timeline

**Phase 1**
August-December 2018
*August 2018 – June 2019*

- **Buildout**
  - Convene Implementation Committee
  - Hiring
  - Budgeting and procurement
  - Market assessment
  - Relationship building
  - Initiative refinement
  - *Launch local online resource*

**Phase 2**
January-June 2019
*July-December 2019*

- **TIO Program Design**
- **Trauma Training**

**Phase 3**
July 2019-June 2020
*January-June 2020 (and beyond)*

- **TIO Program Implementation**
- **Evaluation & Learning**
- **Recommendations for long-term sustainability**
ACES CONNECTION UPDATE

San Mateo County ACEs Connection page
Reminder: Functions of ACEs Connection

On the [San Mateo County community page](#) you can:
- Read and post articles and resources
- Ask questions and share ideas
- Share and see events, trainings, and meetings

Also on the [ACEs Connection main site](#):
- TONS of articles posted by people nationally and beyond
- Resource Center with all things ACEs-related
- How-to Guides for using the website

Building momentum

- Increasing membership
  - *When will you join?*

- Driving traffic
  - *Where will you share this?*

- Maximizing utility
  - *What will you contribute?*
Adjusting Notifications

Can adjust settings for main page and for each community site

Digest Emails: Unsubscribe at the bottom the email

HMG SMC Physician Referral Slide

• Cheryl Oku to add content and present
SUMMARY OF TRISI SURVEY RESULTS

Survey Respondents by Sector

46 total responses

(“Other” included: funder, multi-sector consulting, family engagement, child advocates)
Stage of Development

Becoming Trauma and Resiliency-Informed: 4 Stages of Development

Principles
- Safety
- Trust and transparency
- Peer support
- Collaboration and mutuality
- Voice, choice, and self-agency
- Culturally, historically, and gender-identity appropriate

Domains
- Leadership and governance
- Training and workforce development
- Screening, assessment, and services
- Progress and results monitoring
- Engagement and involvement
- Physical environment
- Cross-system collaboration
- Media and marketing
- Policies and procedures
- Financing

Source: First 5 LA
Extent to which becoming trauma-informed is a priority

Interest in attending a training

Responses did not indicate a strong preference for half or full day format
Recommended experts

- Ken Epstein*
- Matt Redam*
- Joyce Dorado*
- West Ed*
- Trauma Transformed*

*Mentioned by multiple respondents

- Shawn Ginwright (SFSU)
- Jessica Wolin (SFSU)
- Darlene Hall
- Martha Merchant
- Jenee Littrell (SMCOE)
- Kristin Reinsberg
- Joy DeGruy
- Circle Up
- SF Child Abuse Council

Respondent Questions/Thoughts

1. How do systems move beyond training to continue the work?
2. How do we integrate TIS principles into client work?
3. What is the impact on children and families?
4. How can we measure outcomes?
5. How does this intersect with equity work?
6. What’s in it for us (as a program/agency)?
7. How do we support frontline staff in their chronic trauma on the job?
8. How does this apply to staff and agencies who do not directly serve clients?
9. How can we have trauma-informed cities, not just orgs?
Small Group Discussion Questions

• If we were to host a half or full day convening about ACES/Trauma/Resiliency focused on young children and families, what would you envision?

• Would the convening include breakouts and, if so, how would the breakouts be structured? Would the breakout groups be divided by sector, agency role, and/or stage of agency readiness?
Next Steps

- Convening Planning Committee
- Organizational Assessment Tool Feedback
- Joining the ACES Connection SMC Community