
Masking in Young Children

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Statements and opinions expressed today are solely our own and do not reflect the views or opinions of Kaiser Permanente or Palo Alto Medical Foundation.

Masking in Young Children

- A review of policies
 - American Academy of Pediatrics (AAP)
 - Center for Disease Control (CDC)
 - California Department of Public Health (CDPH)
- Why should young children mask?
 - Summary of data
 - Why young kids should mask?
 - Testimonials from a local preschool



Masking Policies In Young Children

1. Based on the early assumption that they don't get sick and don't transmit covid-19
2. Idea that young children will have difficulties with masking
3. Focused on the risks of incorrect masking techniques
4. Provided many exceptions
5. Susceptible to interpretation which led to variable translation by individual schools and childcare facilities

AAP Guidance August 13,2020

“During the COVID-19 pandemic, plans for the safe return of children to school, child care, and other group settings must include the universal use of cloth face coverings by children 2 years of age and older and the adults with whom they interact.”



CDC Masking Guidelines

“People age 2 and older should wear masks in public settings and when around people who don’t live in their household.”



CA State and SM County Masking Guidelines

California Department of Public Health - November 16, 2020

- “It’s now required that everyone in California must wear a mask or face covering when outside of their home, with limited exceptions”
- **Masking is required in 2 and older**
- NOT included in exceptions is childcare, preschool, or school

San Mateo County Health - December 8, 2020

Health Alert - Community Interventions to Limit Surge of COVID-19:

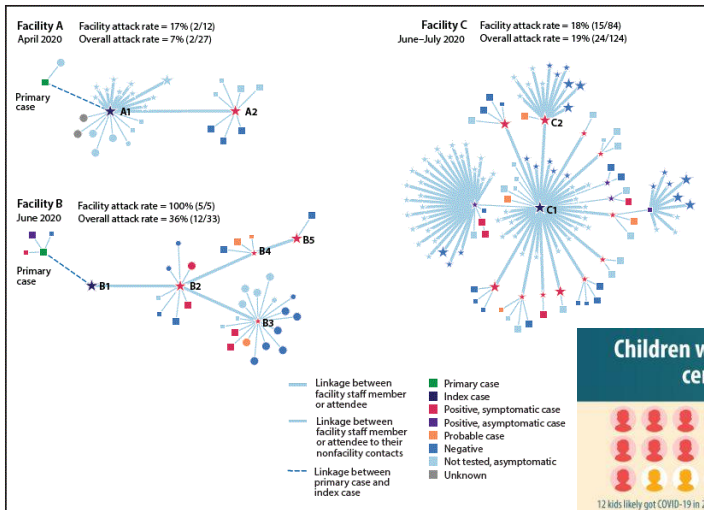
- Schools and preschools require masks > 2 years of age

Pediatric Covid Data

- **Over 3 million** pediatric COVID-19 cases reported, **13%** of total cases
- Hospitalization rate is **0.1-2.3%**
- **227** pediatrics deaths due to COVID-19
- Multisystem inflammatory syndrome in children (MIS-C): **2006 cases**
- **Over 80,118** cases of children < 5 years old in California, **2.4%** of total cases
- Long-term consequences unknown, may include cardiac, neurologic, and pulmonary disease

Why should young children mask?

- Children can both be infected by COVID-19 and spread to others
- Masks protect others as well as wearers
- Children are often asymptomatic or mildly symptomatic
- Outbreaks have been reports in daycares, schools, and camps



Children who likely got COVID-19 at two Utah child care centers spread it to household members

<p>12 kids likely got COVID-19 in 2 child care centers; 3 didn't have symptoms</p>	<p>12 people who had contact with the children outside the child care centers got infected* including some parents and siblings</p>	<p>1 parent required hospitalization</p>
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*Confirmed or probable

SLOW THE SPREAD OF COVID-19 IN CHILD CARE CENTERS

- ✓ Test contacts of patients with COVID-19
- ✓ Encourage adults and children 2 years and older to wear masks
- ✓ Wash hands frequently
- ✓ Stay home when sick
- ✓ Clean and disinfect frequently

CDC.GOV bit.ly/MMWR91120 MMWR

Why should young children mask?

- Masks protect others as well as wearers
- Children mildly symptomatic
- Children can both be infected by COVID-19 and spread to others
- Outbreaks have been reports in daycares, schools, and camps
- Prevention of other respiratory illnesses
- **They can do it!**



Testimonial from
Michelle Hsing,
 Director of
 Children's World
 Bilingual
 Montessori
 School

*Photo featuring
 2-6 year old
 children*





Bibliography

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- https://www.smchealth.org/sites/main/files/file-attachments/health_advisory_-_community_interventions_-_12082020.pdf?1607458731

FRIDAY C.A.F.E. (COMMUNITY AND FAMILY ENGAGEMENT)



THE FRIDAY C.A.F.E. STORY

Happy 4th Anniversary!

- Fall 2014, Connecticut
- January 2016, San Diego Chapter
- January 2017, San Mateo County Chapter
Kick-off event at CuriOdyssey
- February 2017, San Mateo County Chapter
Inaugural Friday CAFE



FRIDAY C.A.F.E.

MISSION

Host morning conversations at local creative venues *(now happening virtually)* to connect family engagement professionals with one another.



FRIDAY C.A.F.E

GOALS

- Build connections through networking
- Spark innovative thinking
- Establish a professional identity for the family engagement field
- Create a restorative experience



FRIDAY C.A.F.E.

MOTTO

“If you want to go fast, go alone. If you want to go far, go with others.”

African Proverb



FRIDAY C.A.F.E. VISION IN ACTION

*LOCAL FAMILY LEADERS &
PRACTITIONERS LEADING FRIDAY
CAFES*





First 5 San Mateo Website Redesign

February 22, 2021
Commission Meeting



Strategy 1. Build on and strengthen foundational brand and communications vehicles, with the website as a hub for communications.

- F5SMC Communications Plan

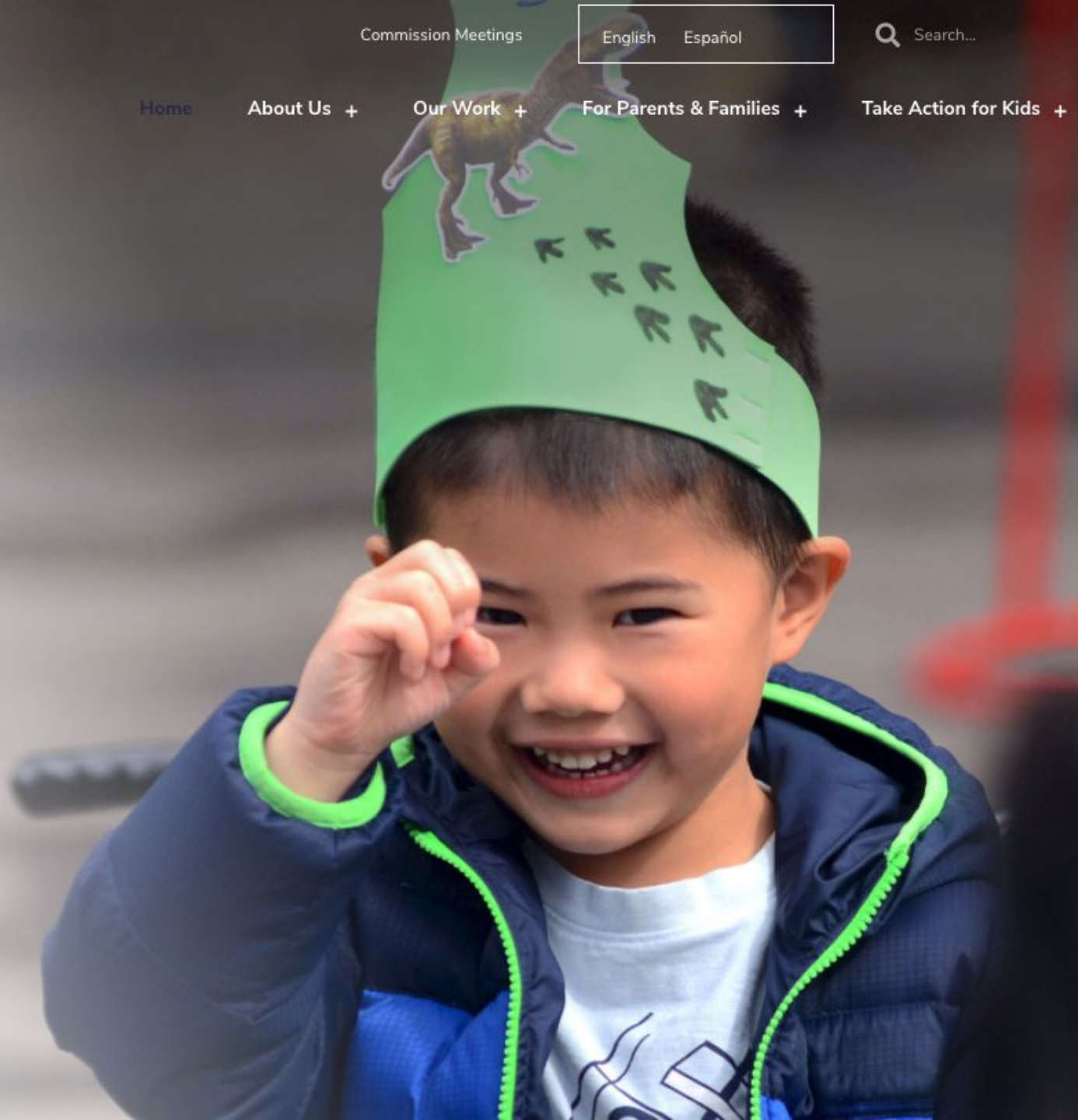


Website Priorities

- **Clear and easy-to-find background information** on the Commission, its investments, and its partners
- **Timely updates** so that First 5 can readily share news and updates from the Commission and partners with its audiences
- Robust content and **information for families**
- **Impact-focused content** that highlights the work and achievements of First 5 and its partners



Success for every child



Thank you!

