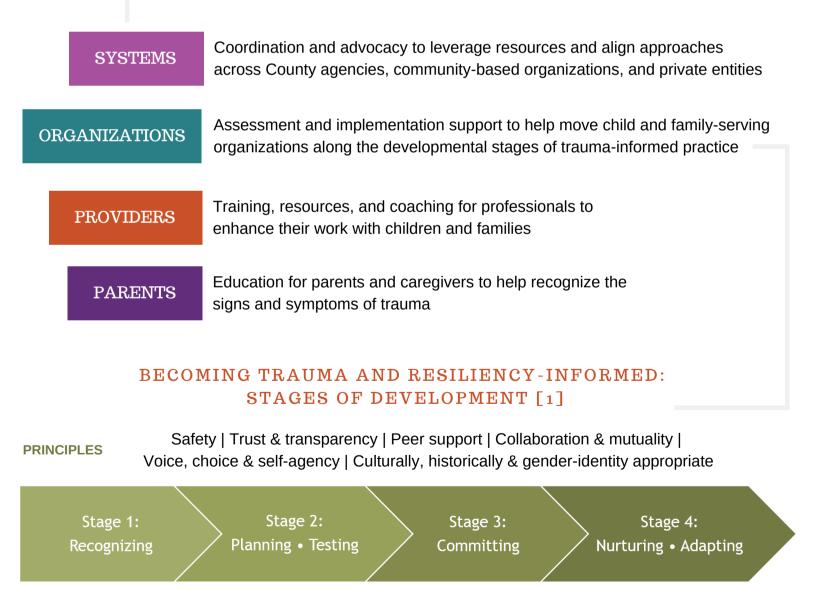
Trauma and Resiliency-Informed Systems Initiative (TRISI) First 5 San Mateo County, with support from San Mateo County Health, is embarking on an initiative to transform service delivery for young children and their families. TRISI is a countywide effort to integrate a comprehensive commitment to address trauma and promote resiliency into our programs, structures, and culture. (1)

## Embed trauma and resiliencyinformed policies and practices at every level of the system



DOMAINS

Leadership & governance | Training & workforce development | Screening, assessment & services | Progress & results monitoring | Engagement & involvement | Physical environment | Cross-system collaboration | Media & marketing | Policies & procedures | Financing

## Trauma

Trauma refers to the effects of an event,		
series of events, and/or ongoing circumstances that are experienced as	JAN 2018	Conduct landscape s and convene partner
physically or emotionally harmful. For children, this can include abuse and neglect, as well as living in a household affected by substance abuse, mental illness, domestic violence or incarceration. These conditions	MAR- JUN 2018	Planning committee model and roadmap
are often referred to Adverse Childhood Experiences, or ACEs.	JUL 2018	First 5 SMC Commis approves plan
Trauma can affect individuals, families, and communities immediately and long term, even over generations. It can have particularly negative developmental impacts on children. (1, 2)	AUG- DEC 2018	Refine implementation and coordinate resource
Resiliency	JAN- DEC 2019	Build awareness and initial countywide co
<i>Resiliency</i> refers to the ability of an individual, family, or community to cope with adversity and trauma, and adapt to challenges or change. (3)	JAN- JUN 2020	Provide implementat support for organiza
Our initiative recognizes that resilience is strengthened when we provide the services, supports, and resources that make it more	JUN 2020	Evaluate initial effort conduct sustainabilit
likely for every child to thrive within their family and community.	JUL 2020	Continue implement

## SOURCES

1. Center for Collective Wisdom. Trauma and Resiliency: A Systems Change Approach: Emerging Lessons and Potential Strategies from the Los Angeles County Trauma and Resiliency-Informed Systems Change Initiative, 2017. https://www.first5la.org/files/Trauma.pdf. 2. SAMHSA. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, 2014.

https://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf

3. SAMHSA. Trauma Resilience Resources, 2018. https://www.samhsa.gov/capt/tools-learning-resources/trauma-resilience-resources.







TRISI is an initiative of First 5 San Mateo County, with additional funding support from the Mental Health Services Act (Prop 63) through San Mateo County Health.

## TRISI DEVELOPMENT AND **IMPLEMENTATION TIMELINE**

scan

November 2019

S		and convene partners
neglect, ed by nestic litions	MAR- JUN 2018	Planning committee develops model and roadmap
od	JUL 2018	First 5 SMC Commission approves plan
s, and		
rm, even arly hildren.	AUG- DEC 2018	Refine implementation plan and coordinate resources
	JAN- DEC 2019	Build awareness and host initial countywide convening
dividual,		
versity or	JAN- JUN 2020	Provide implementation support for organizations
e is rvices, more eir	JUN 2020	Evaluate initial effort and conduct sustainability analysis
	JUL 2020 and beyond	Continue implementation