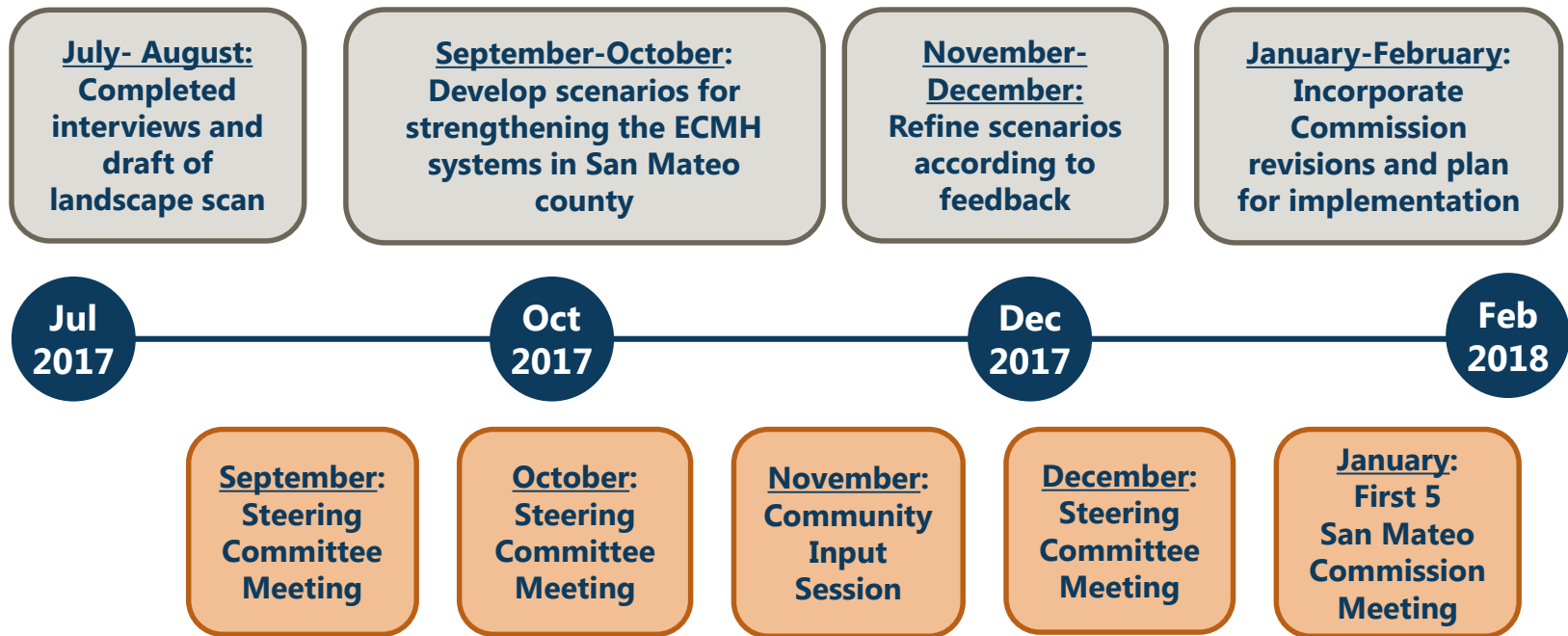


Developing Systems to Serve the Mental Health Needs of Children 0-5 in San Mateo County

First 5 San Mateo Commission Meeting
January 22, 2018



Timeline of Project to Date



Landscape Scan

Developing Systems to Serve the Mental Health Needs of Children 0-5 in San Mateo County: A Landscape Scan

November 2017

Prepared For
First 5 San Mateo County

Prepared By
Learning for Action (LFA)



Learning for Action enhances the impact and sustainability of social sector organizations through highly customized research, strategy development, and evaluation services.

Data and Perspectives Included

- A review of available secondary literature
- Interviews with key stakeholders from:
 - ACES Connections
 - First 5 Association
 - First 5 Santa Clara County
 - First 5 Santa Cruz County
 - Children Now
 - San Mateo County Health System
 - North County Outreach Collaborative
 - Watch Me Grow/Help Me Grow (San Mateo County)
- Steering Committee member input

Steering Committee

Members and Affiliation

Michelle Blakely, First 5 San Mateo County

Toni DeMarco, SMC Behavioral Health and Recovery Services

Trish Erwin, SMC Health System, Family Health Services

Jean-Marie Houston, San Mateo County Office of Education

Michelle Sioson Hyman, Silicon Valley Community Foundation

Dr. Harvey Kaplan, SMC Health System, First 5 Commission (retired)

Dr. Neel Patel, Palo Alto Medical Foundation, First 5 Commission

Sarah Poulain, Family Connections

Kristin Reinsberg, UCSF Parent Infant Program, StarVista

Emily Roberts, First 5 San Mateo County

Sandra Phillips-Sved, Partners In School Innovation, First 5 Commission

Input Provided

- Feedback on the landscape scan and system map
- System improvement idea generation to prepare for the Community Input Session
- Participation and small group leadership at the Community Input Session
- Prioritization and debrief of the ideas and feedback provided at the Community Input Session

Prevention

Surveillance, Screening, & Diagnosis

Connection to Services

Treatment & Intervention

Primary Care

Types of Services
Pediatric providers, nursing, and other medical support services

Examples of Players in San Mateo

- San Mateo County Health System
- Kaiser Permanente

Family Support

Types of Services
Family Support centers, parenting groups, home visitation, family-serving community-based organizations

Examples of Players in San Mateo

- San Mateo County Health System – Family Health Services
- Early Head Start
- Star Vista
- Family Connections

Early Care and Education

Types of Services
Public schools, licensed and unlicensed child care providers, kinship care

Examples of Players in San Mateo

- San Mateo County Office of Education
- Early Head Start

County Social Services

Foster Care System, Child Protective Services

Treatment and Intervention

Types of Services
Occupational and physical therapy, speech therapy, behavioral health therapists, psychologists, psychiatrists, regional centers

Examples of Players in San Mateo

- San Mateo County Health System - Behavioral Health and Recovery Services (BHRS)
- Kaiser Permanente
- Star Vista

System Connectors

Types of Services
Organizations, entities, and programs that help enhance the ECMH system and connect players and stakeholders within the system

Examples of Players in San Mateo

- Help me Grow/Watch me Grow
- The Big Lift

Training, Technical Assistance, & Quality Assurance

Types of Services
Organizations, entities, and programs that provide training, quality assurance, and technical assistance in key areas of ECMH

Examples of Players in San Mateo

- UCSF – The Program for Infant and Toddler Care
- ACES Connection Network
- QRIS

Funding & Policy

Types of Services
Professional medical associations, insurance providers, policy measures, and public and private funding entities

Examples of Players in San Mateo

- San Mateo HSA - ACA
- San Mateo County Health System
- Private insurers: Kaiser Permanente, Blue Cross
- Medi-Cal/EPSDT
- AAP
- Measure K
- MHSA
- First 5

System Improvement Ideas

Generated by the Steering Committee

1. Embed **Trauma-Informed Practices and Policies** at Every Level of System
2. Increase **Education and Supports for Parents** Regarding Early Childhood Mental Health
3. Increase, Improve, and Standardize Early Childhood Mental Health **Screening**
4. Increase **Provider Training and Education** on Early Childhood Mental
5. Improve **Data** Collection, Sharing, and Use
6. Improve **Linkages and Connections** Between Systems and Levels of Care
7. Policy and Funding **Advocacy** for Early Childhood Mental Health Services

Community Input Session



Primary Recommendations

Long-term goal: Embed Trauma-Informed Policies and Practices at every level of the system



Training and support for child- and family-serving organizations to become more trauma-informed, including:

- **Agency Self-Assessments of Trauma-Informed Care**
- **Trauma 101:** Basic training on definition, prevalence, impacts and treatment of trauma as well as information about resiliency and protective factors
- **Reflective Practice Training and Supervision:** An approach that supports various models of relationship-based service delivery and can be used across disciplines, systems of care, and service models for children and families.



Training and resources for professionals working with children and families

- To understand trauma, its impacts, and treatment options
- That incorporates cultural humility into trauma-informed work



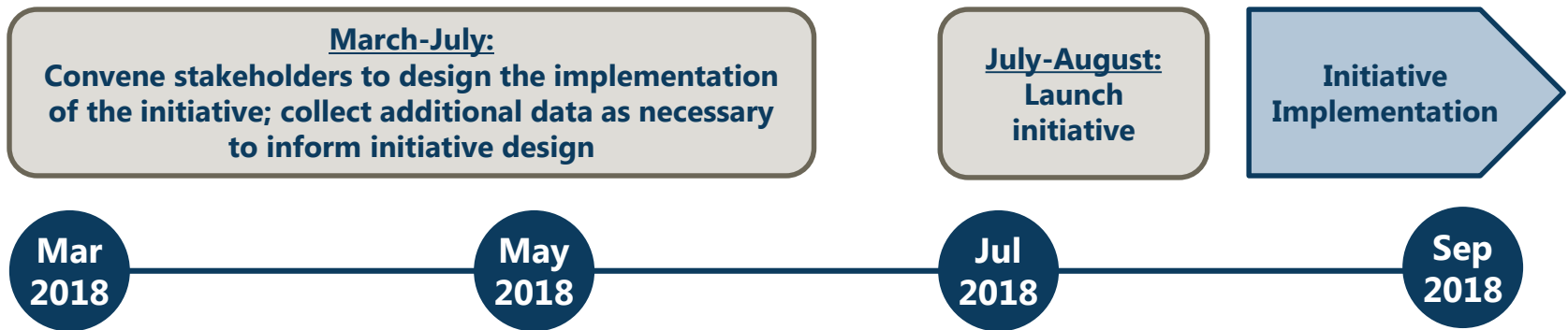
Education for parents to help recognize the signs and symptoms of trauma

Secondary Recommendations

In addition to pursuing a trauma-informed initiative, the Steering Committee recommends that First 5 San Mateo monitor the following **additional opportunities** for potential future investment of time or resource:

- Better integration of mental health supports in the medical setting for children 0-5 and their families
- Supporting parents with opportunities to build peer support networks and connect to the resources they need
- Coordinating and amplifying advocacy efforts to improve funding and policy relating to the mental health of children and families

Implementation Planning



BUILD UP

for San Mateo County's Children

ADVISORY BODY KICK-OFF MEETING

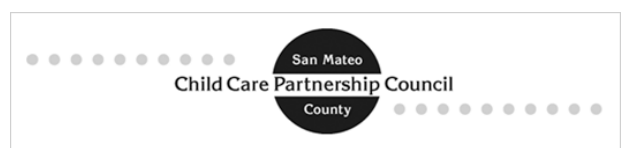
January 19, 2018



SAN MATEO
COUNTY
OFFICE OF
EDUCATION



Center for Early Learning



MESSAGE FROM ASSEMBLYMEMBER KEVIN MULLIN





WHY ARE WE HERE AND WHY IS THIS IMPORTANT?

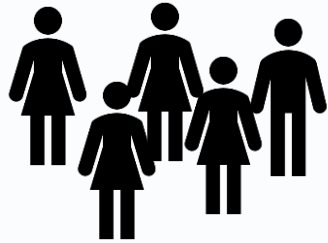
Early learning is:

- A key piece of **infrastructure** for livable, sustainable communities for working families
- A means to **prepare children** for future school success
- An **economic contributor** for cities, both directly and indirectly by generating employment and tax revenue

To better understand the issue:

- The County funded Brion Economics to complete a multi-part ***Early Learning Facilities Needs Assessment***, and
- The **Silicon Valley Community Foundation convened a Task Force** to make recommendations for developing more child care and preschool.

WHAT IT TAKES TO OPEN A NEW SITE



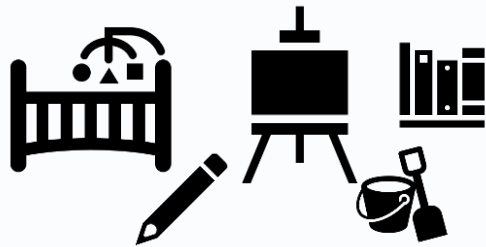
Qualified, educated,
well-compensated
workforce



**Facility
construction
and related
costs**



Families need to be able to **afford
tuition or subsidy funding** needs
to be enough to cover costs



Materials and Furnishings



Children and families
with a need for child
care and preschool

LEAD PLANNING PARTNERS

The following leadership planning group has been meeting since April 2017:

First 5 San Mateo County: Kitty Lopez & Michelle Blakely

County of San Mateo: Randy Torrijos, Gina Quiney

Child Care Coordinating Council: David Fleishman

San Mateo County Office of Education: Jean-Marie Houston

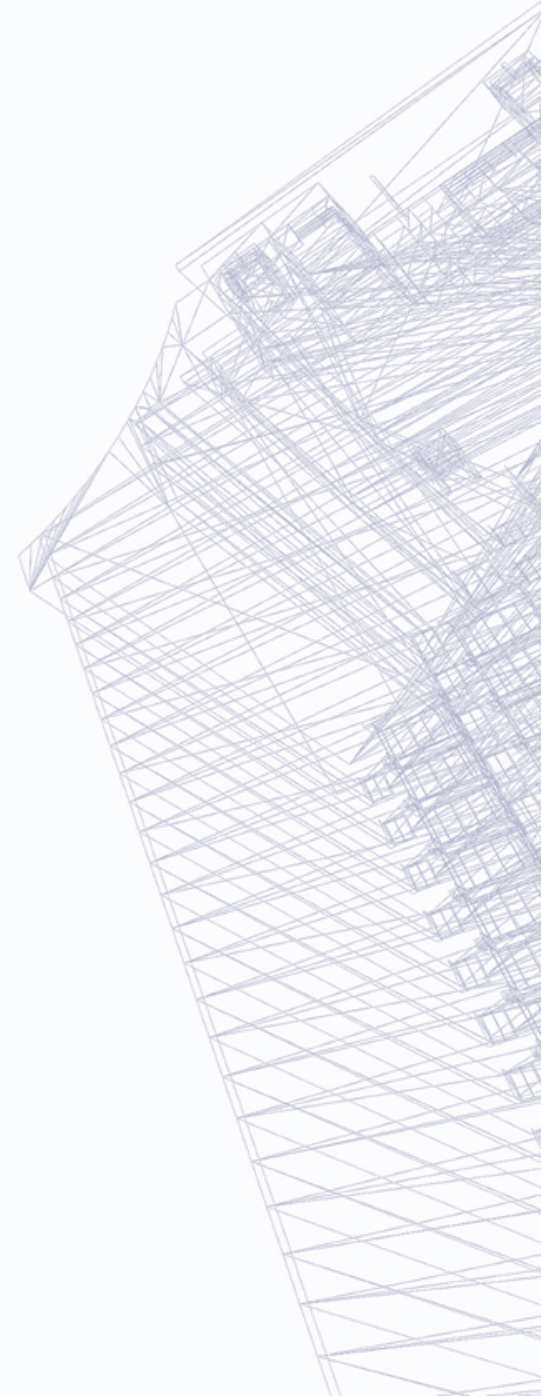
Center for Early Learning, Silicon Valley Community Foundation: Michelle Sioson-Hyman

Child Care Partnership Council: Kristen Anderson and Sarah Kinahan



BUILD UP OVERVIEW

Challenges & Work To-Date



“SNAPSHOT” OF THE NEED

In 2016, Brion Economics conducted an Early Learning Facilities Needs Assessment for San Mateo County:

- **San Mateo County needs 10,789 new spaces** for children ages 0-4; **grows to 13,981 by 2025** if no new facilities are built.
- **Gap requires \$428.4 million capital funding** to build new spaces.
- **“Difficulty finding a site” was the #1 barrier** for programs that want to expand.



Brion Economics INC.



CEL/SVCF'S CHILD CARE AND PRESCHOOL FACILITIES TASK FORCE

- Cross-sector Task Force met four times in 16-17.
- Issued the following **recommendations**:
 1. Work across sectors to **reuse/re-designate existing space**.
 2. Work with cities and the county on policies and incentives to **prioritize child care in future developments**.
 3. Engage **large employers to create new child care facilities** for their employees.
 4. Generate **revenue for facility development** through local tax measures, and assist providers in drawing down existing funds.
- Identified a need for **a coordinated, cross-agency approach, supported by paid staff**, to work on these recommendations.



STARTING *BUILD UP FOR SAN MATEO COUNTY'S CHILDREN*

Winter 2017 through 2018

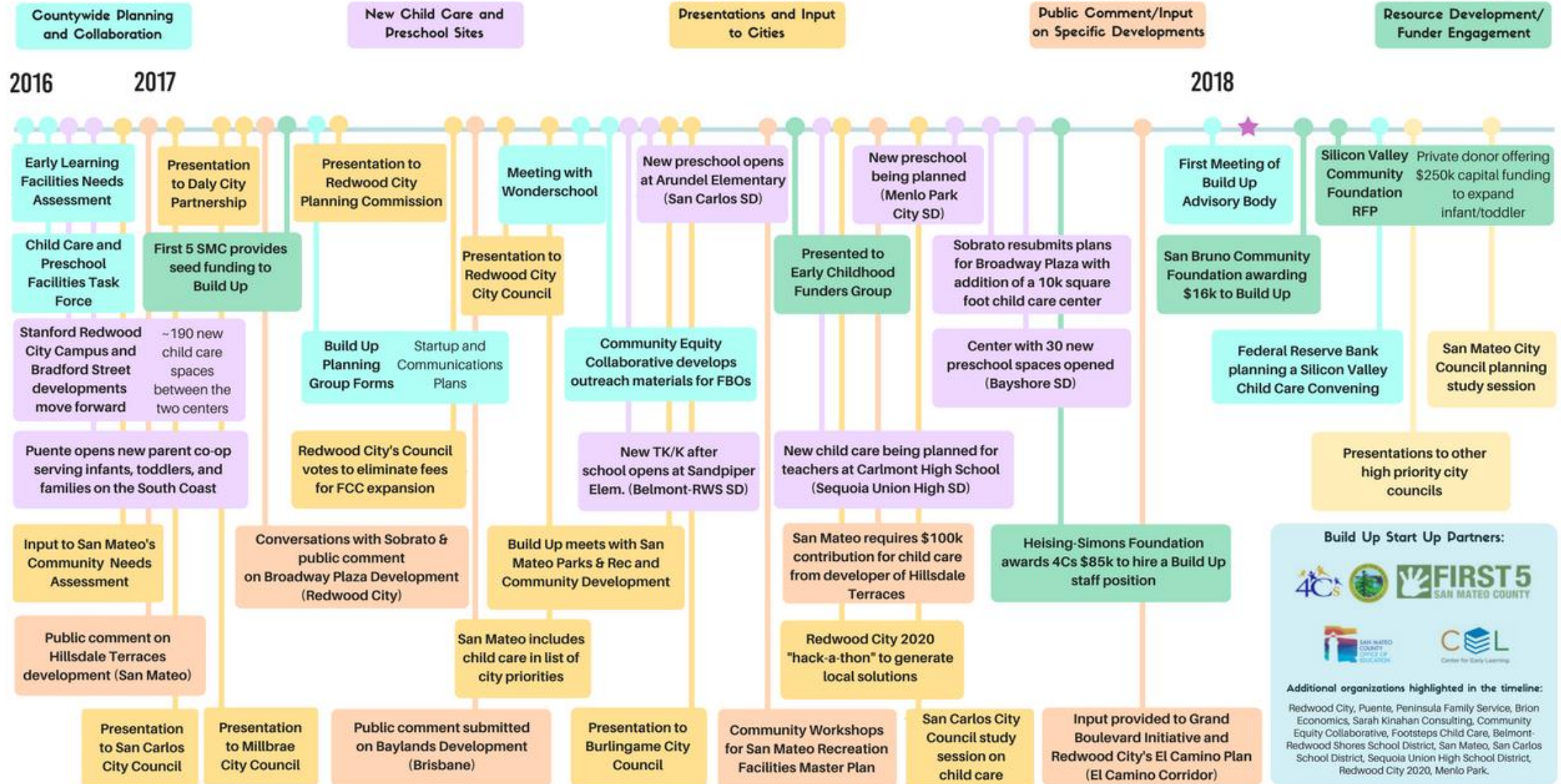
- Phased-approach to growing; using consultants prior to hiring new FTEs
- Key Start Up Activities:
 - Track and support new child care development throughout county
 - Communicate findings from needs assessment and recommendations of Task Force
 - Work with Cities to prioritize and support new child care development
 - Identify resources to build more child care facilities
 - Expand partners and allies from other sectors
 - Identify policy changes that would reduce barriers

BUILD UP

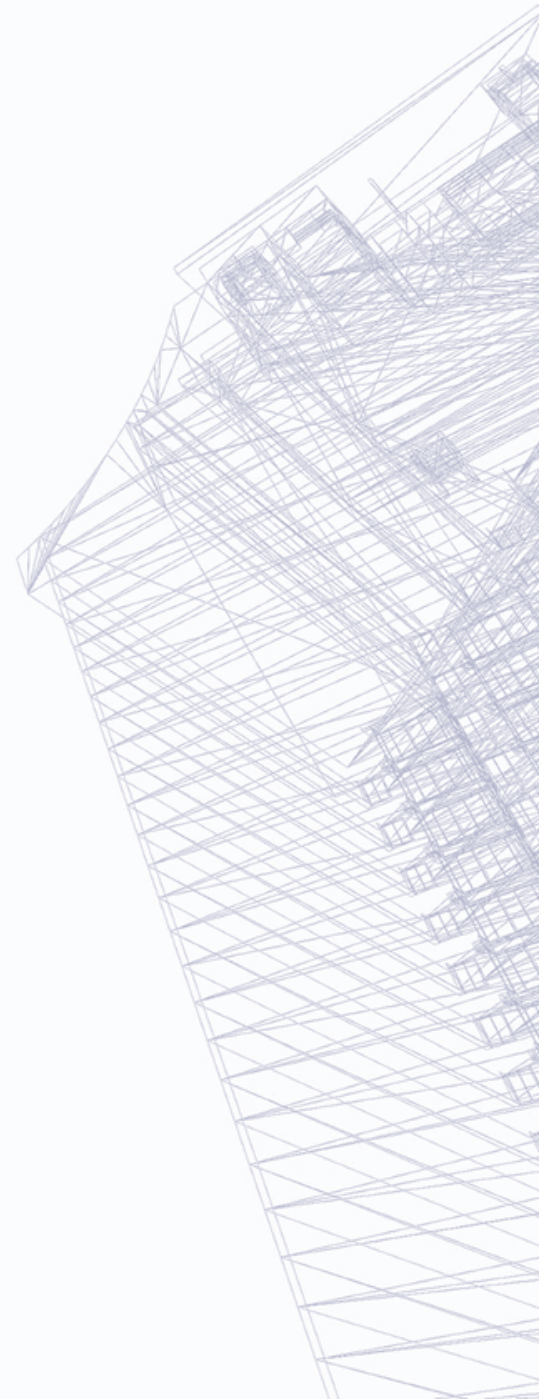
FOR SAN MATEO COUNTY'S CHILDREN

EARLY LEARNING FACILITIES DEVELOPMENTS & ACTIVITIES

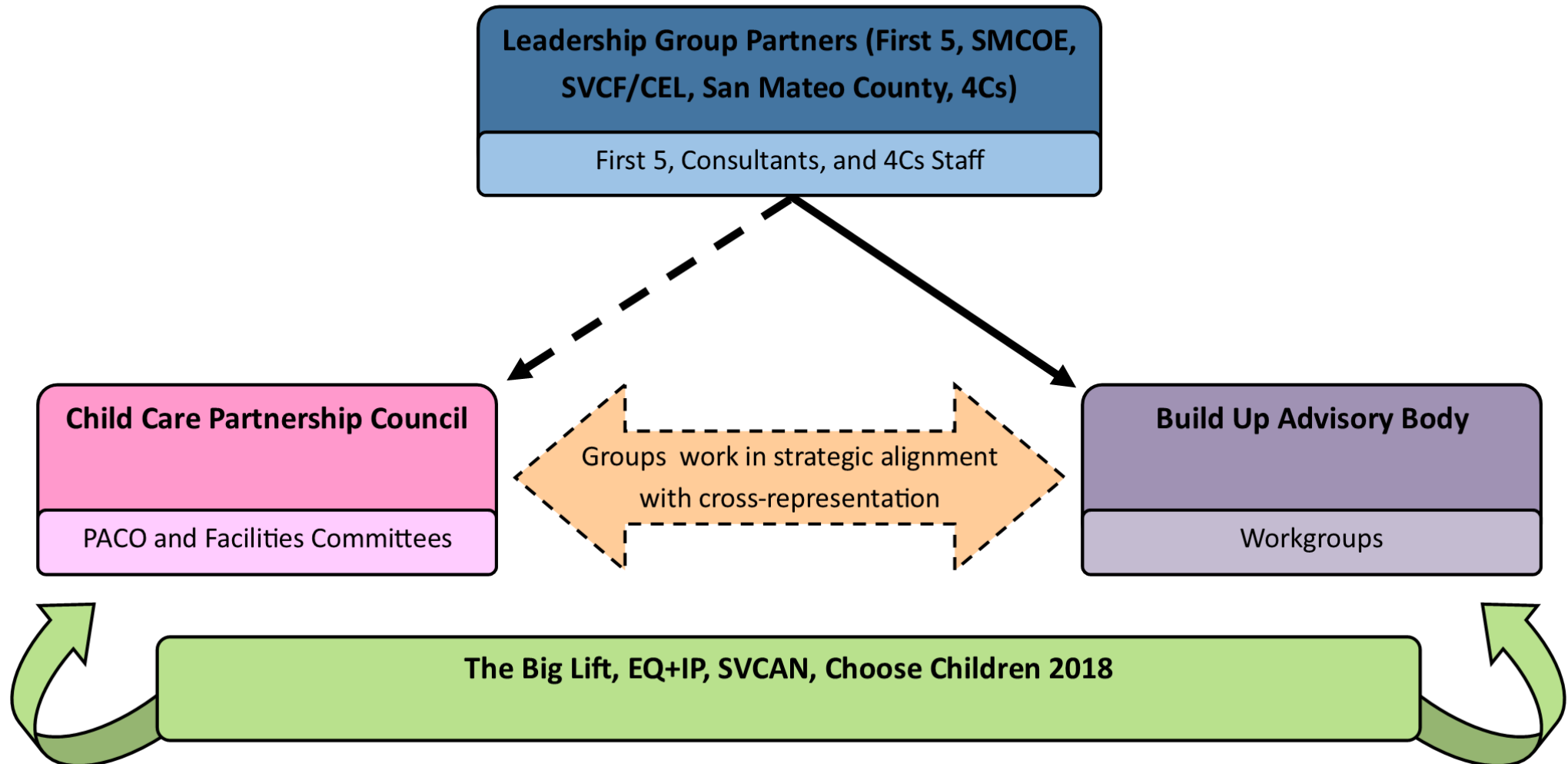
TIMELINE UPDATED 1/17/18



ADVISORY BODY PURPOSE



ORGANIZATIONAL STRUCTURE



ADVISORY BODY PURPOSE

- Advisory Body intended to be a small group of high-level, cross sector individuals representing:
 - Funders
 - Real estate developers
 - Cities and County
 - Elected officials
 - School districts
 - Faith-based organizations
 - Business representatives
- Will meet 2-3 times per year through June 2020 to provide high-level strategic direction and long-term planning.

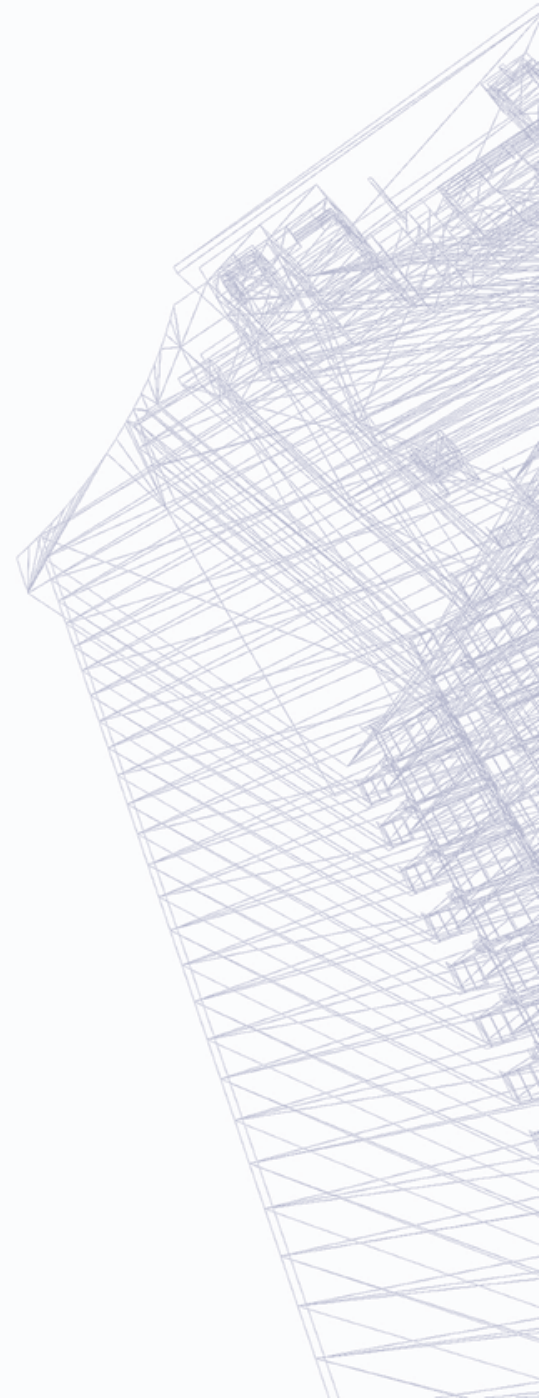




ADVISORY BODY LEVELS OF ENGAGEMENT

- Members can participate at different levels of engagement:
 - Act as a **champion** for this issue within your networks using Build Up's key messages
 - Help us **make cross-sector connections** with housing, transportation, schools, business forums, government agencies, etc.
 - **Identify resources** and help us determine financial strategies
 - Serve as a **thought partner** to find creative solutions

BUILD UP GOALS





BUILD UP'S GOALS 2017-2020

Build Up has **the following goals**, mapped to the SVCF Child Care and Preschool Facilities Task Force recommendations:

1. Work across sectors to **reuse/re-designate existing space** to increase the number of early learning spaces.
2. Work with **cities and the county** on policies and incentives to **prioritize child care in future developments**.
3. **Engage large employers** to create new child care facilities for their employees.
4. **Generate revenue** for facility development, and assist providers in drawing down existing funds.



WE NEED
\$428 MILLION
TO BUILD
~10,000 NEW
CENTER-BASED
SPACES





FINANCING MECHANISMS RECOMMENDED BY BRION ECONOMICS

- Sales Tax Add-Ons
- Parcel Taxes
- Developer Impact Fees
- Employer-Based Care
- Grants and Foundations
- State Child Care Facilities Revolving Fund
- Community Benefit Programs (CBPs)
- Developer Agreements (DAs)

CITIES ON THE PENINSULA ARE ALREADY IMPLEMENTING SOLUTIONS

- Redwood City and San Mateo include child care in **general plans/priorities**
- Redwood City has **waived fees** for Family Child Care
- San Mateo and the County provide “**start up guides**”
- South San Francisco and San Mateo collect **Developer Impact Fees**
- San Mateo has included \$ for child care in **developer agreements**
- Recent **bond measures** in Ravenswood City School District and Woodside Elementary School District that funded preschool facility upgrades
- Fourteen **cities operate** child care, preschool, or after school
- Brisbane, Redwood City and San Carlos have **standing committees for city council and school district** to meet regularly
- At least nine large **employers sponsor** child care centers



CHILD CARE AND PRESCHOOL SUPPLY FOR CHILDREN 0-5 (ALL INCOMES): NOW AND FUTURE?

San Mateo County needs approximately 13,800 new spaces, an increase of 60%, by 2025

Type of Program Setting	Current Number of Spaces	Target for New Spaces (60% Increase)	Target for New Sites over 10 years
Subsidized Centers*	3,500	2,100	4-5 centers/year
School District Centers (fee-based)	500	300	1-2 centers/year
Faith-Based Centers	3,000	1,800	3-4 centers/year
Employer-Sponsored Centers	1,500	900	1-2 centers/year
Other Centers	9,000	5,400	10-11 centers/year
Family Child Care Homes	5,500	3,300	30-35 homes/year
Total	23,000	13,800	19-24 centers/year 30-35 homes/year

* Subsidized centers receive federal, state or local funding to offset the cost of tuition for low-income families. They can be operated by different kinds of organizations, like nonprofits, school districts, and cities.



ADDITIONAL QUESTIONS WE'VE ASKED OURSELVES

- If Build Up were to raise money to finance child care facilities, what is a realistic goal?
- What other additional information is needed to tackle the child care shortage?
- Are there additional experts that should be tapped to help us?
- Do we need to start a work group immediately to continue thinking about Build Up's financing strategies?
- How do we best convene all of the relevant sectors?

CLOSING & NEXT STEPS

